

All That

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Karlyn Moore
音樂: She's All That - Collin Raye



STEP TOUCH KICK, STEP BACK ¼ TURN, STEP TOUCH

&1-2-3-4 Step left, touch right, kick right forward, step back right making ¼ turn right, touch left

STEP ¼ TURN KICK, JUMP BACK, JUMP BACK

5-6&7&8 Step left making ¼ turn left, kick right forward, jump back right left-right-left

STEP TOUCH KICK, STEP BACK ¼ TURN, STEP TOUCH

&1-2-3-4 Step right, touch left, kick left forward, step back left making ¼ turn left, touch right

STEP ¼ TURN KICK, JUMP BACK, JUMP BACK

5-6&7&8 Step right making ¼ turn right, kick left forward, jump back left right left right

WEAVE LEFT, HEEL HOLD, WEAVE RIGHT, HOLD

&1&2 Step left, cross right behind, left to side, cross right in front of left

&3-4 Step left to side, tap right heel out, hold

&5&6 Step right, cross left behind, right to side, cross left in front of right

&7-8 Step right to side, tap left heel out, hold

JUMP, PIVOT ¼ TURN, CROSS SHUFFLE, FULL TURN, SHUFFLE WITH ¼ TURN

&1-2-3&4 Jump onto left, step right forward, pivot ¼ turn to left, cross right over left, step left, step right forward

5-6-7&8 Step left making ½ turn to left, step right ½ turn to left, step left ¼ turn, step right next to left, step left forward

HIP BUMPS RIGHT & LEFT, MASH BACKWARDS

1&2-3&4 Step right forward with hip bumps right-left-right, step left forward with hip bumps left-right-left

&5 Lift right foot slightly off floor, turn both toes in and heels out, step back onto sole of right foot turning toes out and heels in

&6 Lift left foot slightly off floor and turn both toes in and heels out, step back onto sole of right foot turning toes out and heels in

&7 Lift right foot slightly off floor and turn both toes in and heels out, step back onto sole of right foot turning toes out and heels in

&8 With feet in same position, swivel heels out, swivel heels in

MASH BACKWARDS, TOE, HEEL, CROSS HEEL AND HEEL

&1 Lift left foot slightly off floor and turn both toes in and heels out, step back onto sole of left foot turning toes in and heels out

&2 Lift right foot slightly off floor and turn both toes in and heels out, step back onto sole of right foot turning toes out and heels in

&3 Lift left foot slightly off floor and turn both toes in and heels out, step back onto sole of left foot turning toes out and heels in

&4 With feet in same position swivel heels out, swivel heels in

5-6 Touch right toe in beside left foot, touch right heel in beside left foot

7&8 (Traveling to left), cross step right heel over left, step left to left, cross right heel over left

TOE, HEEL, CROSS HEEL AND HEEL, ROCK, RECOVER STEP HEEL AND HEEL

1-2 Touch left toe in beside right foot, touch left heel beside right foot

3&4 (Traveling to right), cross left heel over right, step right to right. Cross left heel over right
5-6&7&8 Rock forward right, recover back on left, step back right, heel forward left, step back left, heel forward right

JUMP CROSS ½ TURN, HEEL, STEP HEEL, JUMP JAZZ BOX WITH ¼ TURN AND TOUCH

&1-2-3 Jump onto right, cross left over right, making ½ turn to right, right heel forward

&4 Step back right, left heel forward

&5-6-7-8 Jump onto left, cross right over left, step back left, step right to right with ¼ turn, touch left

REPEAT
