All Scuffed Up

拍數: 64

級數: Intermediate/Advanced

編舞者: Maureen McGuigan (USA)

音樂: Don't Threaten Me With a Good Time - Billy Dean

STEPS WITH SCUFFS

- 1-2 Step right beside left; scuff left forward
- 3-4 Step left beside right; scuff right forward
- 5-6 Step right foot back; step left foot back
- 7-8 Step right foot back; scuff left foot forward.

MORE STEPS WITH SCUFFS

- 9-10 Step left beside right; scuff right forward
- 11-12 Step right beside left; scuff left forward
- 13-14 Step left forward; step right forward
- 15-16 Step left forward; scuff right forward.

ROCKING CHAIR, PIVOT TURNS

- 17-18 Rock-step right foot forward; step left in place
- 19-20 Rock-step right foot back; step left in place
- 21-22 Step right foot forward; turn 1/4 left shifting weight to left
- 23-24 Step right foot forward; turn 1/4 left shifting weight to left.

TOUCH, STRUT, SCUFF

- 25-26 Touch right toe beside left; scuff right foot forward
- 27-28 Touch right toe slightly forward; slap right heel down
- 29-30 Touch left toe beside right; scuff left foot forward
- 31-32 Touch left toe beside right; slap left heel down.

VINE, SCUFF, TURN, SCUFF

- 33-34 Step right foot to right side; cross-step left foot behind right
- 35-36 Step right foot to right side; scuff left foot forward
- Turning ¼ right, step on left; turning ¼ right, step on right 37-38
- 39-40 Step left foot beside right; scuff right forward.

VINE, SCUFF, TURN, SCUFF

- 41-42 Step right foot to right side; cross-step left behind right
- 43-44 Step right foot to right side; scuff left forward
- Turning ¼ right, step on left; turning ¼ right, step on right 45-46
- 47-48 Step left beside right; scuff right forward.

STEPS WITH SCUFFS

- 49-50 Step on right; scuff left forward
- 51-52 Step on left; step on right
- 53-54 Step on left; scuff right forward
- 55-56 Step on right; step on left.

SCUFFS, SCOOTS

- 57-58 Step right beside left; scuff left forward
- 59-60 Scoot forward on right; step left forward
- 61-62 Scuff right forward; scoot forward on left





牆數:4

63-64 Stomp right; stomp left.

REPEAT