

# All Over Again

**COPPER** **KNOB**  
BY SHEETS

拍數: 0                      牆數: 0                      級數:  
編舞者: Janet Mutlow  
音樂: All Over Again - Ronan Keating



Sequence: AAAA, B, AAA(see Note), BC  
Dedicated to Anne and Dan

## SECTION A

### POINT OUT-IN-OUT, CROSS & FULL TURN UNWIND, RONDE SAILOR CROSS, FLICK STEP TWICE

- 1&2                      Point left to left side, step left beside right, point right to right side  
3&4                      Cross right in front of left, unwind full turn, sweep left behind right  
5&6                      Cross left behind right, step right to right side, cross left over right  
&7                        Make a sharp quick kick backwards with a flexed knee right, step right  
&8                        Make a sharp quick kick backwards with a flexed knee left, step left

### POINT KICK CROSS TWICE, LOCK STEP, RONDE SAILOR STEP

- 1&2                      Point right to right side, low kick right, cross right over left  
3&4                      Point left to left side, low kick left, cross left over right  
5&6                      Step back on right, lock left in front of right, step back on right  
&7&8                     Sweep left behind right, cross left behind right, step right beside left, step forward left

### PRESS KICK RECOVER, TRIPLE TURN, SWAY TWICE, BALL CHANGE ¼ TURN RIGHT, BALL CHANGE

- 1&2                      Press right to right diagonal, release left into low kick left, step back left  
3&4                      Make a triple turn by stepping right over left ¼ turn, left ¼ turn, right over left ½ turn to place  
5-6                      Weight on both feet sway to left, sway to right  
&7                        Step forward on to ball of left, ¼ turn right stepping on to ball of right  
&8                        Step back on to ball of left, step forward on to ball of right

The last time you dance Section A, alter the final &8 to a left ball pivot to return to wall 1 (12:00)

## SECTION B

### SIDE MAMBO STEP TWICE, BODY ROLL, RECOVER, HOLD TWICE, SWAY TWICE, CLOSE, HIP ROLL

- &A1                      (To diagonal right for style or face front) rock to left side on left, recover on right, step left next to right  
&A2                      (To diagonal left for style or face front) rock to right side on right, recover on left, step right next to left  
&A3                      Drop heels, bend knees, body roll - end with head back  
&A4                      Recover to upright, hold (eyes closed), hold (eyes open)  
&A5                      Step right to right side, sway to left, sway to right  
6                         Bring feet together by sliding left next to right  
7-8                      Starting to left, move hips in a full circular motion to the left

### OUT-OUT IN-IN (SYNCOATED SPLITS), STEP ½ TURN TWICE, TAP PRESS, CLOSE, HIP ROLL

- &1&2                      Step out left to left side, step out right to right side, step left back to center, step right in beside left  
&3&4                      Step forward left, make a ½ turn left, stepping weight back on right (twice)  
&5                        Tap left to left diagonal without weight, press left forward on left diagonal  
6                         Bring feet together by sliding left next to right  
7-8                      Starting to left, move hips in a full circular motion to the left

### OUT-OUT IN-IN (SYNCOATED SPLITS), STEP ½ TURN TWICE, TAP PRESS, CLOSE, HIP ROLL

- &1&2 Step out left to left side, step out right to right side, step left back to center, step right in beside left
- &3&4 Step forward left, make a ½ turn left, stepping weight back on right (twice)
- &5 Tap left to left diagonal without weight, press left forward on left diagonal
- 6 Bring feet together by sliding left next to right
- 7-8 Starting to left, move hips in a full circular motion to the left

### **STEP POINTS FORWARD & BACK, BRUSH CROSS, & CROSS & CROSS**

- 1-2 (To diagonal left for style) step forward right, point left forward
- 3-4 (To diagonal right for style) step left, point right back
- 5-6 Brush right forward, cross step right over left
- &7&8 Step left to left side, cross step right over left, step left to left side, cross step right over left

### **FULL PADDLE TURN LEFT, FULL PADDLE TURN RIGHT**

- 1-2-4 Step forward left, make a full turn (or more!) Left using a series of ball changes almost on the spot
- 5-6-8 Step forward right, make a full turn (or more!) Right using a series of ball changes almost on the spot (end left behind right)

#### **Simplified counts:**

- 1-4 Make full turn (or more) left by stepping alternately left-right-left-right
- 5-8 Make full turn (or more) right by stepping alternately right-left-right-left (end left behind right)

### **TAP TAP POINT, JAZZ BOX, HOLD, CLOSE, HIP ROLL**

- &A1 To left diagonal tap left toe (twice), extend/point left toe
- 2-3-4 Cross left over right, step back on right, step left to left side
- 5 Hold in place (straighten knees)
- 6 Bring feet together by sliding left next to right
- 7-8 Starting to left, move hips in a full circular motion to the left

### **SECTION C**

#### **TAP TAP POINT, JAZZ BOX, HOLD, CLOSE, HIP ROLL**

- &A1 To left diagonal tap left toe (twice), extend/point left toe
- 2-3-4 Cross left over right, step back on right, step left to left side
- 5 Hold in place (straighten knees)
- 6 Bring feet together by sliding left next to right
- 7-8 Starting to left, move hips in a full circular motion to the left

#### **TAP POINT CLOSE, TAP POINT, CROSS, UNWIND, STEP, CLOSE, HIP ROLL**

- &A1 To left diagonal tap left toe, extend/point left toe, close left next to right
- &2 To right diagonal tap right toe, extend/point right toe
- 3-4 Cross right over left, unwind full turn left
- 5 Step left to left side
- 6 Bring feet together by sliding left next to right
- 7-8 Starting to left, move hips in a full circular motion to the left

#### **½ TURN POINT TWICE, HOLD, CLOSE, HIP ROLL**

- 1-2 Stepping back on left make ½ turn left, point right to right side
- 3-4 Stepping forward on right make ½ turn right, point left to left side
- 5 Hold in place, lowering left heel
- 6 Bring feet together by sliding left next to right
- 7-8 Starting to left, move hips in a full circular motion to the left

#### **STEP, CLOSE, HIP ROLL, ½ TURN POINT TWICE**

- 1-2 Step left to left side, bring feet together by sliding left next to right

- 3-4 Starting to left, move hips in a full circular motion to the left
- 5-6 Stepping back on left make  $\frac{1}{2}$  turn left, point right to right side
- 7-8 Stepping forward on right make  $\frac{1}{2}$  turn right, point left to left side

**FULL PADDLE TURN LEFT, FULL PADDLE TURN RIGHT**

- 1-2-4 Step forward left, make a full turn (or more!) Left using a series of ball changes almost on the spot
- 5-6-8 Step forward right, make a full turn (or more!) Right using a series of ball changes almost on the spot (end left behind right)

**Simplified counts:**

- 1-4 Make full turn (or more) left by stepping alternately left-right-left-right
  - 5-8 Make full turn (or more) right by stepping alternately right-left-right-left (end left behind right)
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