All Out Of Love



拍數: 40 牆數: 4 級數: Intermediate

編舞者: Doug Miranda (USA) & Jackie Miranda (USA)

音樂: All Out of Love - Newton



CROSS, STEP SIDE, SAILOR 1/4 TURN RIGHT, WALK FORWARD, 1/4 TURN RIGHT, CROSS

1-2 Cross right over left, step left to left side

3&4 As you step right behind left make a ¼ turn right, step left back, step forward on right

5-6 Walk forward left, right

7&8 Step forward on left, make ¼ turn right, cross left over right

SIDE, HOLD, SIDE, HOLD, ROCK FORWARD, RECOVER, ½ TURN LEFT SHUFFLE

1-2 Step right to right side, hold

&3-4 Step left next to right, step right to right side, hold

5-6 Rock forward on left, recover back on right

7&8 Make a ½ turn left as you shuffle forward left, right, left

ROCK FORWARD, RECOVER, BACK COASTER STEP, STEP FORWARD, ½ TURN RIGHT. ½ TURN RIGHT TRIPLE BACK

1-2 Rock forward on right, recover back on left

3&4 Step back on right, step left next to right, step forward on right

5-6 Step forward on left, turn ½ turn right

7&8 Continue to make another ½ turn right as you triple back left, right, left

ROCK BACK, RECOVER FORWARD, WALK FORWARD RIGHT, LEFT, KICK STEP 1/4 TURN RIGHT, POINT LEFT, POINT RIGHT

1-4 Rock back on right, recover forward on left, walk forward right, left

5&6 Kick right forward, step right next to left, make a ¼ turn right as you point left to left side

7-8 Step left next right, point right to right side

CROSS SHUFFLE, ½ TURN RIGHT, CROSS SHUFFLE, SWAY TO RIGHT SIDE, SWAY TO LEFT SIDE

1&2 Cross right over left, step left to left side, cross right over left

3-4 Make a ½ turn right over right shoulder by stepping left back into ¼ turn right, make another

1/4 turn right as you step right to right side

5&6 Cross left over right, step right to right side, cross left over right

7-8 Sway to right side, sway to left side (weight ends on left)

REPEAT

ENDING

You will know that the end of the dance is coming up when the music begins to slow down. You will be dancing counts 13-14 (after the right side holds) when the music begins to slow down. Keep dancing through count 24 at a slower pace and end to the front by making a ¾ turn to the right stepping the right to the right side and pause