All Our Own



拍數: 48 牆數: 2 級數: Intermediate

編舞者: Johnny Montana (USA) & The Vestal Virgins 音樂: Le Click (Tonight Is The Night) - La Bouche



This dance is the product of a request for the people in one of my dance classes to submit some of their favorite steps to be put into a line dance. I took these steps and came up with the following dance. The names in parenthesis are those submitting the steps. The class is in Vestal, NY. Hence the "Vestal Virgins".

STEP, TOGETHER, JUMP, HITCH WITH CLAP (TESS)

1-2 Take a long step forward onto right foot, slide left foot up next to right

&3-4 Step back onto right foot, step left foot next to right, hitch right knee and clap hands

Option for count 4: Ball-change

&4 Step out to right side onto right foot, replace weight onto left foot

MARCH IN PLACE (JANICE)

5-8 Marching steps in place right, left, right, left

Option in place of March: Running man

&5 Scooting back on left foot, step forward onto right foot

&6 Bend left knee and lift foot off floor while scooting back on right foot, step forward onto left

foot

&7 Bend right knee and lift foot off floor while scooting back on left foot, step forward onto right

foot

&8 Bend left knee and lift foot off floor while scooting back on right foot, step forward onto left

foot

FORWARD PROGRESSING HIP BUMPS (FAYE)

9&10 Step forward onto right foot angling body to left and bump hips to right, return hips to left,

bump hips to right

Step forward onto left foot angling body to right and bump hips to left, return hips to right,

bump hips to left

WALK FORWARD, KICK ("JAZZY" JO)

13-16 Step forward right, left, right, kick left foot forward and clap hands

STEP(JOHNNY MONTANA)

& Step down onto left foot.

PRESENT HEELS, JAZZ JUMP (MICKEY)

Touch right heel at a slight right diagonal forward, step right foot back to home position

Touch left heel at a slight left diagonal forward, step left foot back to home position

Touch right heel at a slight right diagonal forward, step right foot back slightly to right side of

home position

20 Step left foot slightly to left side of home position

JAZZ JUMPS, CLAP HANDS (MICHELE)

Step onto sole of right foot in home position, step onto sole of left foot in home position
Step onto sole of right foot out to right side, step onto sole of left foot out to left side directly

across from right

&23 Step onto sole of right foot in home position, step onto left foot in home position

&24 Clap hands twice.

HEEL/TOE SWIVELS (KAREN)

25-26 Pivoting on both toes split both heels apart, pivoting on both heels split both toes apart Pivoting on both toes return both heels home, pivoting on both heels return both toes home.

TURNING DWIGHT (BARB)

29&30 With weight on left foot touch right heel next to left toe, pivoting on left foot make a ¼ turn to the left, touch right toe in home position

With weight on left foot touch right heel next to left toe, pivoting on left foot make a ¼ turn to

the left, touch right toe in home position

SHUFFLE STEPS TO RIGHT SIDE, ROCK, STEP (LINDA)

Shuffle to right side (step onto right foot to right side, slide left foot over next to right, step onto right foot to right side)

Rock step back onto left foot behind right turning body slightly to left, step forward onto right

foot turning body to face LOD

SHUFFLE STEPS TO LEFT SIDE, ROCK, STEP (LORI)

37&38 Shuffle to left side (step onto left foot to left side, slide right foot over next to left, step onto left

foot to left side)

39-40 Rock step back onto right foot behind left turning body slightly to right, step forward onto left

foot turning body to face LOD

THE DWIGHT (GENE)

41-42 With weight on left foot swivel left heel to right while touching right toe in home position,

swivel left toe to right while touching right heel in home position (replace toe with heel)

Swivel left heel to right while touching right toe in home position, swivel left toe to center

while touching right heel in home position (replace toe with heel)

CROSSING SIDE STEPS WITH SWIVELS (CHAR)

45&46 Cross right over left and step onto right heel, pivoting on right heel swivel right toe to right,

step to left with left foot

47&48 Cross right over left and step onto right heel, pivoting on right heel swivel right toe to right,

step to left with left foot

REPEAT

35-36