

All My Life (P)

COPPERKNOB
STEPSHEETS

拍數: 40 牆數: 0 級數: Partner
編舞者: Bob Davis
音樂: I Knew I Loved You - Daryle Singletary



Position: Begin in right side by side position facing line of dance. Both on same foot work for the entire dance

LEFT CROSS ROCK, REPLACE, COASTER STEP, RIGHT CROSS ROCK, REPLACE, COASTER STEP

1-2 (Turn body angle right) left step across right, recover weight to right (body to center)
3&4 Step left back, right step next to left, step left forward
5-6 (Turn body angle left) right step across left, recover weight to left (body to center)
7&8 Step right back, left step next to right

STEP, ½ PIVOT, CHA-CHA FORWARD, STEP, ½ PIVOT, CHA-CHA FORWARD

1-2 Step left forward, pivot ½ turn right weight to right
3&4 Step left forward, right step next to left, step left forward
5-6 Step right forward, pivot ½ turn left weight to left
7&8 Step right forward, left step next to right, step right forward

MAN TURN LADY, CHA-CHA-CHA (INTO SHADOW POSITION), WALK, WALK, CHA-CHA-CHA

1-2 **MAN:** Walk forward small steps left, right (turn lady to right with right hand full turn in front of you taking right hand down to lady's waist joint left hands in front)
 LADY: Step left, right full turn right (now in Shadow Position)
3&4 Cha-cha forward left, right, left (It's okay to finish full turn on the cha-cha-cha)
5-6 Travel forward right, left
7&8 Cha-cha forward right, left, right

LEFT FORWARD, REPLACE, COASTER STEP, RIGHT FORWARD, REPLACE, COASTER STEP

1-2 Left rock step forward, recover weight to right
3&4 Step left back, right step next to left, step left forward
5-6 Right rock step forward, recover weight to left
7&8 **MAN:** Right step back, left step next to right, right step across left (man will be almost side-by-side with lady)
 LADY: Right step back, left step next to right, step right forward

Make sure you are directly behind your partner as not to step on feet

TANDEM TURN, CHA-CHA-CHA, RIGHT ROCK STEP, REPLACE, COASTER STEP

1-2 (Release right hands, raise left hands) full turn left: step left into ½ turn left, right into ½ turn left (rejoin right hands in a side-by-side position)

Option: man can just walk forward turning the lady, or both can walk forward

3&4 Cha-cha forward left, right, left
5-6 Right rock forward, recover weight to left
7&8 Step right back, left step next to right, step right forward

REPEAT