

# All Messed Up

COPPER KNOB  
STEPPERS

拍數: 64      牆數: 4      級數:  
編舞者: Max Perry (USA)  
音樂: All Messed Up - Joey Reed



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- 1-4            2 heel splits  
5-8            (Right hook), touch heel forward, hook in front, touch heel forward, together  
1-4            2 heel splits  
5-8            (Left hook), touch heel forward, hook in front, touch heel forward, together  
1-4            Vine right, scuff
- 5-8            Vine left, scuff  
1-4            Step side, stomp together, step side, stomp together  
5-8            Step forward & turn  $\frac{1}{4}$  to left, in place, kick forward twice  
1-4            Step back, back, back, touch toe back  
5&6            Left shuffle forward  
7&8            Right shuffle forward
- 1-4            Rock step forward, in place & clap, rock back, in place & clap  
5-8            Rock step forward, in place & clap, rock back, in place & clap  
1&2            Left shuffle forward  
3-4            Rock forward, in place  
5-8            (1- $\frac{1}{2}$  pivot right), turn  $\frac{1}{2}$  right as you step forward, turn  $\frac{1}{2}$  right as you step back, turn  $\frac{1}{2}$  right as you step forward, together
- 1-8            Touch heel forward, together, touch heel forward, together, touch heel forward, together, touch heel forward, together

**REPEAT**

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