

All Kabobiled

COPPER KNOB
BY STEPHEN

拍數: 64 牆數: 4 級數: Improver
編舞者: Bryan McWherter (USA)
音樂: Mixed up Mess of a Heart - Danni Leigh



HEEL SPLITS, HITCHES

- 1-2 On balls of both feet split heels, bring heels back together
- 3-4 Repeat 1-2
- 5-6 Present right heel forward, hitch right leg in front of left leg
- 7-8 Present right heel forward, flick right leg out to right side

On counts 5-8, weight should remain on left

HITCHES

- 1-2 Present right heel forward, hitch right leg in front of left leg
- 3-4 Repeat steps 1-2 of this section
- 5-6 Step forward onto right foot, hitch left leg behind right
- 7-8 Step back onto left foot, hitch right leg in front of left

STEP LOCKS WITH BRUSHES

- 1-4 Step right foot forward, lock left foot behind right, step right forward, brush left next to right
- 5-8 Step left foot forward, lock right foot behind left, step left forward, brush left next to left

STEP ½ TURN, WALKS

- 1-2 Step forward onto the ball of the right foot, hold
- 3-4 Make a ½ turn to your left putting weight on left, hold
- 5-8 Walk forward right, left, stomp right next to left, hold

TOE FANS, TOES, HEELS, HEELS, TOES

- 1-2 With weight on right heel fan right toe out, bring right toe in
- 3-4 With weight on left heel fan left toe out, bring left toe in
- 5-6 On the heels of both feet fan both toes out, on the toes of both feet fan both heels out
- 7-8 On the toes of both feet fan both heels in, on the heels of both feet fan both toes in

On count 8 you should be in a home position

STEP SLIDES, VINE ¼ TURN

- 1-2 Step right foot out to right side, slide & step left foot next to right
- 3-4 Step right foot out to right side, slide & step left foot next to right
- 5-8 Step left foot out to left side, step right foot behind left, step left foot out ¼ turn to the left, brush right foot next to left

VINE RIGHT, VINE LEFT

- 1-4 Step right foot out to right side, step left foot behind right, step right foot out to right side, brush left foot next to right
- 5-8 Step left foot out to left side, step right foot behind left, step left foot out to left side, stomp right foot next to left

KICK BALL CHANGE, WALK, STOMP

- 1-4 Kick right foot forward, step right foot back, step left foot next to right, hold
- 5-8 Step forward right, step forward left, stomp right next to left, hold

Weight should be on both feet

REPEAT

