

All Jacked Up

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Charlie Mifsud (AUS)
音樂: All Jacked Up - Gretchen Wilson



RIGHT HEEL FORWARD AT 45 DEGREES, LEFT HEEL FORWARD AT 45 DEGREES, RIGHT CENTER, LEFT CENTER, HEEL BOUNCE TWICE, STEP RIGHT TO RIGHT, REPLACE TO LEFT

- 1-4 (In V formation) step right heel at 45 degrees, step left heel at 45 degrees, bring right center, bring left center
5-8 Bounce heels in place twice, step right to right side, replace weight to left (12:00)

KICK RIGHT ACROSS LEFT TWICE, RIGHT TOE TO SIDE, HOLD, BALL CROSS LEFT OVER RIGHT, HOLD, STEP RIGHT TO RIGHT, TOUCH LEFT BESIDE RIGHT

- 1-4 Kick right across left twice, touch right toe to right side, hold
&5-8 Ball step right beside left, cross left over right, hold, step right to right side, touch left toe beside right (12:00)

STEP LEFT TO SIDE, STEP RIGHT BEHIND, ¼ LEFT, SCUFF, ½ LEFT, HOLD, ½ LEFT, HOLD

- 1-4 Step left to left side, step right behind left, making ¼ turn left step left forward, scuff right through
5-8 Making ½ turn left step back on right, hold, making ½ turn left step forward on left, hold (9:00)

LOCK STEP (RIGHT, LEFT, RIGHT), HOLD, STEP LEFT FORWARD, HOLD, ½ RIGHT, HOLD

- 1-4 Lock step right, left right, hold
5-8 Step left forward, hold, turning ½ turn right step right forward, hold (3:00)

STEP LEFT FORWARD, ½ RIGHT, STEP LEFT FORWARD, HOLD, STEP RIGHT TO RIGHT, STEP LEFT IN PLACE, CROSS RIGHT OVER LEFT, HOLD

- 1-4 Step left forward, making ½ turn right step right in place, step left forward, hold
5-8 (Traveling slightly forward) step right to right side, step left in place, cross right over left, hold (9:00)

STEP LEFT TO LEFT, STEP RIGHT IN PLACE, CROSS LEFT OVER RIGHT, HOLD, STEP RIGHT FORWARD, ½ LEFT, STEP LEFT FORWARD, HOLD

- 1-4 (Traveling slightly forward) step left to left side, step right in place, cross left over right, hold
5-8 Step right forward, hold, making ½ turn left step left forward, hold (3:00)

TURNING ½ LEFT STEP BACK ON RIGHT, HITCH LEFT, STEP BACK LEFT, HITCH RIGHT, STEP BACK RIGHT, HITCH LEFT, STEP LEFT BACK, HITCH RIGHT

- 1-4 Turning ½ turn left step back on right, hitch left, step back on left taking weight, hitch right
5-8 Step back on right taking weight, hitch left, step back on left taking weight, hitch right (9:00)

RIGHT COASTER, HOLD, STEP LEFT FORWARD, ½ RIGHT, STEP LEFT FORWARD, HOLD

- 1-4 Right back coaster (right, left, right), hold
5-8 Step forward left, turning ½ turn right step left forward, hold (3:00)

REPEAT

RESTART

Restart occurs on wall 5. Dance up to count 48 then restart wall 5 facing 3:00

The tempo of the music slows towards the end of the dance. You'll be facing 06:00 wall when it begins to slow. Try to dance at normal pace till tempo returns to normal which it does on count 37 (step right to right side, step left in place, cross right over left, hold)

