

# All Jacked Up

**COPPER** KNOB  
STEPSHEETS

拍數: 32      牆數: 4      級數: Improver  
編舞者: Christy Fox (CAN)  
音樂: All Jacked Up - Gretchen Wilson



## WALK, HOLD, WALK, HOLD, FORWARD MAMBO, HOLD

- 1-2      Step forward right, hold and snap fingers
- 3-4      Step forward left, hold and snap fingers
- 5-6      Step forward right, recover weight on left
- 7-8      Step right back, hold and snap fingers

### More challenging option:

- 5-6      Step forward right, pivot ½ turn left stepping on left
- 7-8      Pivot ½ turn left stepping back on right, hold and snap right fingers

## COASTER STEP, HOLD, WALK, HOLD, WALK, HOLD

- 1-2      Step back left, step right beside left
- 3-4      Step forward left, hold and snap fingers
- 5-6      Step forward right, hold and snap fingers
- 7-8      Step forward left, hold and snap fingers

## ½ TURN, FORWARD, LOCK, FORWARD, FORWARD, LOCK. FORWARD

- 1-2      Step forward right, pivot ½ turn left stepping on left
- 3-4      Step right at a diagonal forward, lock left behind right
- 5-6      Step right at a diagonal forward, step left at a diagonal forward
- 7-8      Lock right behind left, step left at a diagonal forward

## FORWARD, HOLD, ¼ TURN, FORWARD, ¼ TURN, FORWARD ¼ TURN

- 1-2      Step forward on right, hold
- 3-4      Turn ¼ left and replace weight on left, hold
- 5-6      Step forward on right, turn ¼ left and replace weight on left
- 7-8      Step forward on right, turn ¼ left and replace weight on left

The last two quarter turns are like paddle turns, close to the body so you get the hip action

## REPEAT

Add attitude by cross walking instead of walking straight forward