

# All Jacked Up

COPPER KNOB  
STEPSHEETS

拍數: 64      牆數: 2      級數: Improver  
編舞者: DJ Dan (NL) & Wynette Miller (NL)  
音樂: All Jacked Up - Gretchen Wilson



## SIDE, TOGETHER, STEP BACK, HOLD; ROCK STEP BACK, STEP FORWARD, HOLD

1-4            Step right to right side, step left next to right, step right back, hold  
5-8            Rock left back, recover weight onto right, step left forward, hold

## HEEL, SLAP, HEEL, SLAP; ROCK STEP BACK, STEP FORWARD, HOLD

1-2            Touch right heel forward, hook right in front of left slap right heel with left hand  
3-4            Touch right heel forward, flick right out slap right heel with right hand  
5-8            Rock right back, recover weight onto left, step right forward, hold

## SWIVEL RIGHT, HOLD, SWIVEL LEFT, HOLD; SWIVEL RIGHT, LEFT, SWIVEL RIGHT ½ TURN LEFT, HOLD

1-4            Swivel both heels to right, hold, swivel both heels to left, hold  
5-6            Swivel both heels to right, swivel both heels to left  
7-8            Swivel both heels to right ½ turn left weight ends on right, hold (6:00)

## BACK, LOCK, BACK, LOCK; SLOW COASTER CROSS, HOLD

1-4            Step left back, lock right across left, step left back, lock right across left  
5-8            Step left back, step right next to left, cross left over right, hold

## RIGHT SIDE, HOLD, BEHIND, HOLD; SCISSOR STEPS, HOLD

1-4            Step right to right side, hold, cross left behind right, hold  
5-8            Step right to right side, step left next to right, cross right over left, hold

## LEFT SIDE, HOLD, BEHIND, HOLD; SCISSOR STEPS, HOLD

1-4            Step left to left side, hold, cross right behind left, hold  
5-8            Step left to left side, step right next to left, cross left over right, hold

## STEP, LOCK, STEP, HOLD; MAMBO FORWARD, HOLD

1-4            Step right forward, lock left behind right, step right forward, hold  
5-8            Rock left forward, recover weight onto right, step left next to right, hold

## BACK, LOCK, BACK, HOLD; SLOW COASTER STEP, HOLD

1-4            Step right back, lock left across right, step right back, hold  
5-8            Step left back, step right next to left, step left forward, hold

## REPEAT

## RESTART

On wall 5, dance up to count 48 and start again from the beginning