All Jacked Up

拍數: 48

級數: Beginner

編舞者: Nancy Morgan (USA)

音樂: All Jacked Up - Gretchen Wilson

Start 16 counts from time she starts singing her first words (This is a very fast song)

HEEL AND HEEL AND HEEL-CROSS-HEEL-TOGETHER

- 1-4 Tap right heel forward, put right next to left, tap left heel forward, put left next to right
- 5-8 Tap right heel forward, cross right toe over left foot, tap right heel forward, put right next to left

HEEL AND HEEL AND HEEL-CROSS-HEEL-TOGETHER

- 1-4 Tap left heel forward, put left next to right, tap right heel forward, put right next to left
- 5-8 Tap left heel forward, cross left toe over right foot, tap left heel forward, touch left next to right

STEP FORWARD-TOGETHER, STEP FORWARD-TOGETHER, STEP BACK-TOUCH, STEP BACK TOUCH

- 1-2 Step left foot forward diagonally towards 11:00, step right next to left
- 3-4 Step left foot forward diagonally towards 11:00, touch right next to left
- 5-6 Step back on right towards 5:00, touch left next to right
- 7-8 Step left to left side, touch right next to left

VINE RIGHT-BRUSH, VINE LEFT WITH 1/4 TURN-BRUSH

- 1-4 Step forward on right, step left behind right, step right to right side, brush left
- 5-8 Step forward on left, step right behind left, step forward on left as you turn ¼ turn to your left, brush right

STEP BRUSH, STEP BRUSH, STEP BACK 3 STEPS WITH TOUCH

- 1-4 Step forward on right, brush left, step forward on left, brush right
- 5-8 Walk back 3 steps, touch left next to right

STEP TOGETHER STEP BRUSH, 2 ½ TURNS

- 1-4 Step left foot forward, step right next to left, step left foot forward, brush right
- 5-6 Step forward on right, pivot ¹/₂ turn to left (weight is on left)
- 7-8 Step forward on right, pivot ¹/₂ turn to left (weight is on left)

REPEAT





牆數:4