

All In Ma Head

COPPER KNOB
STEPPERS

拍數: 32 牆數: 2 級數: Beginner
編舞者: Kirsteen Currie (UK)
音樂: Over and Over (feat. Tim McGraw) - Nelly



WALK, WALK, KICK BALL CROSS, VINE ¼ CHASSE

1-2 Walk forward right, left
3&4 Kick right forward step right in place cross left over right
5-6 Step right to right side, step left behind right
7&8 Step right ¼ turn, step left beside right, step right forward

LEFT LOCK, SHUFFLE FORWARD, ROCK COASTER

1-2 Step left forward, lock right behind left
3&4 Step left forward, step right beside left, step left forward
5-6 Rock right forward, recover onto left
7&8 Step right back, step left beside right, cross right over left

SIDE ROCK CROSS SHUFFLE, SIDE ROCK CROSS SHUFFLE

1-2 Rock left to left side, recover onto right
3&4 Cross left over right, step right beside left, cross left over right
5-6 Rock right to right side, recover onto left
7&8 Cross right over left, step left beside right, cross right over left

WALK BACK RIGHT, LEFT, SHUFFLE ½, ¼ ROCK, KICK BALL CHANGE

1-2 Walk back left, right
3&4 Shuffle step ½ turn in right stepping left, right, left
5-6 Rock right to right side, recover onto left, turning ¼ left
7&8 Kick right forward, step right in place, step left in place

REPEAT
