

All Day Long

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 4 級數: Intermediate/Advanced
編舞者: Rosalie Mackay (AUS)
音樂: All Day Long - Trent Willmon



STEP, TAP, BACK BALL STEP, TAP, ¼ TURN SCUFF, ½ TURN SCUFF

- 1-2& Step right forward to right diagonal, tap left beside right, & step back on ball of left
3-4 Step right in place, tap left beside right
5-6 Turn ¼ left step left forward, scuff right beside left (9:00)
7-8 Turning ½ left on ball of left step right forward, scuff left beside right (3:00)

SHUFFLE FORWARD, PIVOT ¼ TURN, CROSS, ¼ TURN, ½ TURN SHUFFLE FORWARD

- 1&2-3-4 Shuffle forward left, right, left, step right forward, pivot ¼ left weight on left (12:00)
5-6-7&8 Cross right over left, turn ¼ right step left back, turn ½ right on ball of left & shuffle forward right, left, right (9:00)

The next 8 counts are done facing the left diagonal (9:00 wall)

STEP, KICK BALL STEP, ROCK FORWARD/BACK, STEP BACK, COASTER STEP

- 1-2&3 Step left forward to left to left diagonal, kick right forward, step ball of right beside left, step left in place
4-5-6 Rock forward on right, rock back on left, step right back
7&8 Step left back, step right beside left, step left forward

CROSS, SIDE, SAILOR ½ TURN, STEP, TAP, BACK BALL STEP, TAP

- 1-2 Cross right over left, step left to left side (straighten up to 9:00 wall)
3&4 Step right behind left, step left to left side turning ¼ right, turn ¼ right step right forward (3:00)
5-6& Step left forward to left diagonal, tap right beside left, & step back on ball of right
7-8 Step left in place, tap right beside left

Restart from here on wall 3

¼ TURN SCUFF, ½ TURN TOUCH, RIGHT & LEFT HEEL SWITCH, & HEEL HOOK HEEL

- 1-2 ¼ turn right step right forward, scuff left beside right, (6:00)
3-4 Turning ½ right on ball of right step left forward, touch right beside left (12:00)
5&6& Touch right heel forward, step right beside left, touch left heel forward, step left beside right
7&8 Touch right heel forward, hook right in front of left shin, touch right heel forward

COASTER STEP, PIVOT ½ TURN, ROCK FORWARD/BACK, FULL TURN TRIPLE STEP

- 1&2-3-4 Step right back, step left beside right, step right forward, step left forward, pivot ½ right weight on right (6:00)
5-6-7&8 Rock forward on left, rock back on right, turn a full turn left stepping left, right, left

JUMP KICK, HOLD & CLAP, SAILOR STEP, CROSS SHUFFLE, SIDE ½ TURN

- 1-2 Jump onto right to right side & kick left to left, hold & clap
3&4 Step left behind right, step right to right side, step left to left side
5&6-7-8 Cross shuffle to left right, left, right, step left to left side, ½ turn right step right to right side (12:00)

TOE HEEL, & CROSS SIDE, ROCK RIGHT, LEFT, & ¼ TURN SCUFF

- 1-2&3 Touch left toe turned in to left side, touch left heel to left side, step back on left, cross right over left
4-5-6 Step left to left side, rock onto right in place, rock on to left in place
&7-8 Quickly step right beside left turning ¼ right, step left forward, scuff right beside left (3:00)

REPEAT

RESTART

Restart on 3rd wall after 32 counts, facing (9:00)

TAG

At the end of the 6th wall, facing (6:00)

1-2&3-4 Step right, tap left, back ball step, tap left (first 4 counts of dance)

5-6&7-8 Step left, tap right, back ball step, tap right (same as counts 29-32)
