All Cried Out



拍數: 32 牆數: 4 級數: Intermediate

編舞者: Kim Swan (UK)

音樂: All Cried Out - Alison Moyet



RIGHT SIDE, TOGETHER, FORWARD, LEFT SIDE, TOGETHER, FORWARD, SIDE ROCK, RECOVER, BACK ROCK, RECOVER, CROSS, UNWIND ¾ TURN

Step right to right side, step left beside right, step right forward

Step left to left side, step right beside left, step left forward

5&6& Rock right to right side, recover on left, rock right back, recover on left

7-8 Cross right over left, unwind ¾ turn left

RIGHT SIDE ROCK, RECOVER, CROSS, LEFT SIDE ROCK, RECOVER, CROSS, BACK, 1/4 TURN RIGHT, SHUFFLE

Rock right to right, recover on left, cross right over left Rock left to left, recover on right, cross left over right

5&6 Cross right over left, step left back, step right to right making ¼ turn right

7&8 Shuffle forward, stepping left, right, left

During wall 3, you will be facing original wall, add tag and restart dance from beginning at this point

STEP, PIVOT, TRIPLE 1/2 TURN, COASTER, SKATE RIGHT, SKATE LEFT

1-2 Step right forward, pivot ½ turn left

3&4 Triple ½ turn left, stepping right, left, right

5&6 Step back left, step right beside left, step forward left

7-8 Skate right forward, skate left forward

RIGHT AND LEFT LOCK STEPS, ROCK, RECOVER, ¼ TURN, ROCK, RECOVER, CROSS

Step right forward, lock left behind right, step right forward
 Step left forward, lock right behind left, step left forward

During wall 6, you will be facing original wall again, restart dance from beginning at this point

Rock right forward, recover on left, step right forward turning ½ right

7&8 Rock left to left, recover on right, cross left over right

REPEAT

TAG

ROCKING CHAIR, TOE POINTS WITH HIP BUMPS

1&2& Rock forward on right, rock back on left, rock back on right, rock forward on left
3-4 Point right toe to right side pushing hip out (weight remains on left), repeat count 3