All Christmas Long (Santa's Blues)



拍數: 48 牆數: 4 級數:

編舞者: Peter Metelnick (UK)

音樂: Santa Claus Is Back in Town - The Mavericks



Start after words "Well it's"....on the first beat.

SIDE SHUFFLE RIGHT, ROCK LEFT BACK, RIGHT RECOVER, SIDE SHUFFLE LEFT, ROCK RIGHT BACK, LEFT RECOVER

1&2 Step right foot to right side, step left foot together, step right foot to right side

3-4 Step left foot back and rock back, step on right foot & recover

5&6 Step left foot to left side, step right foot together, step left foot to left side

7-8 Step right foot back and rock back, step on left foot & recover

SIDE SHUFFLE RIGHT, ROCK LEFT BACK, RIGHT RECOVER, SIDE SHUFFLE LEFT, ROCK RIGHT BACK, LEFT RECOVER

1&2 Step right foot to right side, step left foot together, step right foot to right side

3-4 Step left foot back and rock back, step on right foot & recover

5&6 Step left foot to left side, step right foot together, step left foot to left side

7-8 Step right foot back and rock back, step on left foot & recover

FORWARD SHUFFLE, ½ RIGHT, FORWARD SHUFFLE, ½ LEFT

1&2	Step right foot forward, step left foot together, step right foot forward
3-4	Step left foot forward, ½ right pivot turn (weight ends on right foot)
5&6	Step left foot forward, step right foot together, step left foot forward
7-8	Step right foot forward, ½ left pivot turn (weight ends on left foot)

FORWARD SHUFFLE, LEFT FRONT & SIDE TOUCHES, FORWARD SHUFFLE, RIGHT FRONT & SIDE TOUCHES

1&2	Step right foot forward, step left foot together, step right foot forward

3-4 Touch left toes forward, touch left toes to the left side

Step left foot forward, step right foot together, step left foot forward

7-8 Touch right toes forward, touch right toes to the right side

SHUFFLE BACK TWICE, RIGHT KICK BALL CHANGE TWICE

1&2	Step right foot back, step left foot together, step right foot back
3&4	Step left foot back, step right foot back, step left foot back

Kick right foot forward, step on ball of right foot, step left foot together Kick right foot forward, step on ball of right foot, step left foot together

Try doing 2 sailor shuffles in place of regular shuffles for more variety.

VINE RIGHT & CLAP, VINE LEFT WITH 1/4 LEFT & CLAP

1-4 Step right foot to right side, cross left foot behind right and step, step right foot to right side,

touch left foot together & clap

5-8 Step left foot to left side, cross right foot behind left and step, step left foot to left side turning

1/4 left, touch right foot together & clap

Variation for the last 4 counts is a roll left turning 1&1/4 left

REPEAT

Dance pattern repeats 7 times. On 7th time through vine left with ½ left to end dance facing forward for a "showy" ending!

On walls 2, 4 & 7, change the 1st 12 steps to:

1-4 Stomp right foot to right side, hold for 3 counts

- 5-8 Step left foot to left side, hold for 3 counts
- 9-12 Stomp right foot to right side, hold for 3 counts.

Then continue on with the rest of the dance sequence. (With these changes you will hit the breaks in the music.)

Any similarities between this dance & my award winning dance All Night Long are purely intentional-All Christmas Long (Santa's Blues) was a hit last Christmas & with a few changes became All Night Long, a dance that can be enjoyed All Year Long! Think of this as the "Christmas" version! Enjoy!