

# (All) Caged Up

**COPPER KNOB**  
STEPPERS

拍數: 32      牆數: 2      級數: Beginner  
編舞者: Bryan McWherter (USA)  
音樂: Little Bird - Sherrié Austin



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## TOE, HEEL, KICK, STEP, TOE, HEEL, KICK, STEP

1-4            Step right toe forward, drop right heel, kick left forward, step left slightly forward  
5-8            Step right toe forward, drop right heel, kick left forward, step left slightly forward

## KICK, ROCK, STEP, KICK, ROCK, STEP, STEP, CROSS

1-4            Kick right forward, rock right back, recover to left, kick right forward  
5-8            Rock right back, recover to left, step right slightly to side, cross left over right

## SHUFFLE, ROCK, RECOVER, SHUFFLE, ROCK, RECOVER

1&2            Step right slightly to side, slide/step left together, step right slightly to side  
3-4            Rock left back, recover to right  
5&6            Step left slightly to side, slide/step right together, step left slightly to side  
7-8            Rock right back, recover to left

## TURN ½ PADDLE, STEP, STEP

1-2            Step right toe forward, turn 1/8 left (weight to left)  
3-4            Step right toe forward, turn 1/8 left (weight to left)  
5-6            Step right toe forward, turn 1/8 left (weight to left)  
7-8            Stomp/step right forward, stomp/step left together

Steps 1-6 should progress to make a turn ½ to your left (ending opposite of line of dance.)

**REPEAT**

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