

# All At Once

拍數: 32      牆數: 4      級數:  
編舞者: Brian Holland (SCO)  
音樂: Have You Met Miss Jones? - Robbie Williams



## "TOE, HEEL, KICK, KICK" ; JAZZ BOX WITH ¼ TURN TO RIGHT

1-2            Touch right foot to left instep, touch right heel to left instep  
3&4           Kick right foot diagonally-forward twice turning body to face diagonal. Right  
5-6           Cross-step right foot over left, step back on left  
7-8           Step to right on right turning ¼ right, step slightly forward on left

## "FUNKY" TOE-STRUTS FORWARD

1-2            Touch right toes forward, lower right heel to floor  
3-4            Touch left toes forward, lower left heel to floor

**Click your fingers on each toe-strut, and shimmy your shoulders as you move forward. I.e. Do it with 'attitude' and at least look as if you are enjoying yourself**

## KICK RIGHT, STEP TOGETHER, KICK LEFT, STEP TOGETHER

5-6            Kick right diagonally-forward left clicking fingers, step on right foot beside left  
7-8            Kick left diagonally-forward right clicking fingers, step on left foot beside right

## RIGHT SIDE-SHUFFLE, ROCK STEP ; LEFT SIDE-SHUFFLE, ROCK STEP

1&2            Step to right on right, step on left beside right, step to right on right  
3-4            Rock back on left, recover weight onto right  
5&6            Step to left on left, step on right beside left, step to left on left  
7-8            Rock back on right, recover weight onto left

## STEP FORWARD, CLAP, ½ TURN, CLAP ; SHIMMY ½ TURN, CLAP

1-4            Step forward on right, hold / clap hands, pivot ½ turn to left, hold / clap hands  
5                Step forward on right foot, shimmying shoulders  
6-7            Turn ½ left while shimmying shoulders, and ending with weight on left  
8                Hold / clap hands

**REPEAT**

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