# All At Once



拍數: 32 牆數: 4 級數:

編舞者: Brian Holland (SCO)

音樂: Have You Met Miss Jones? - Robbie Williams



## "TOE, HEEL, KICK, KICK"; JAZZ BOX WITH 1/4 TURN TO RIGHT

1-2	Touch right foot to left instep, touch right hee	el to left insten
1-4	TOUCH HIGHT TOOL TO TELL HISTED, TOUCH HIGHT HE	<i>5</i> 1 (U ICIL II IS(C)

3&4 Kick right foot diagonally-forward twice turning body to face diagonal. Right

5-6 Cross-step right foot over left, step back on left

7-8 Step to right on right turning ¼ right, step slightly forward on left

### "FUNKY" TOE-STRUTS FORWARD

Touch right toes forward, lower right heel to floorTouch left toes forward, lower left heel to floor

Click your fingers on each toe-strut, and shimmy your shoulders as you move forward. I.e. Do it with 'attitude' and at least look as if you are enjoying yourself

### KICK RIGHT, STEP TOGETHER, KICK LEFT, STEP TOGETHER

Kick right diagonally-forward left clicking fingers, step on right foot beside left Kick left diagonally-forward right clicking fingers, step on left foot beside right

## RIGHT SIDE-SHUFFLE, ROCK STEP; LEFT SIDE-SHUFFLE, ROCK STEP

Step to right on right, step on left beside right, step to right on right

3-4 Rock back on left, recover weight onto right

Step to left on left, step on right beside left, step to left on left

7-8 Rock back on right, recover weight onto left

### STEP FORWARD, CLAP, ½ TURN, CLAP; SHIMMY ½ TURN, CLAP

1-4 Step forward on right, hold / clap hands, pivot ½ turn to left, hold / clap hands

5 Step forward on right foot, shimmying shoulders

6-7 Turn ½ left while shimmying shoulders, and ending with weight on left

8 Hold / clap hands

#### **REPEAT**