

All Around Shuffle

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4
編舞者: Levi J. Hubbard (USA)
音樂: Bop - Dan Seals

級數: Beginner



SIDE SHUFFLE RIGHT, CROSS ROCK-RECOVER, FORWARD SHUFFLE, ½ PIVOT TURN LEFT

- 1 Right - step to side
- & Left - step together
- 2 Right - step to side
- 3 Left - cross step (rock) behind right foot while slightly lifting right foot off floor
- 4 Right - lower foot back to floor (recover)
- 5 Left - step forward
- & Right - step together
- 6 Left - step forward
- 7 Right - step forward
- 8 On (balls of) both feet pivot ½ turn left

½ SHUFFLE TURN LEFT, BACK ROCK-RECOVER, SIDE SHUFFLE LEFT, BACK ROCK, RECOVER TURNING ¼ TURN RIGHT

- 9 Right - step forward turning ¼ turn left
- & Left - step together
- 10 Right - turning ¼ turn left, step slightly backward
- 11 Left - step (rock) backward while slightly lifting right foot off floor
- 12 Right - lower foot back to floor (recover)
- 13 Left - step to side
- & Right - step together
- 14 Left - step to side
- 15 Right - cross step (rock) behind left foot starting ¼ turn right
- 16 Left - lower foot back to floor finishing ¼ turn right (recover)

(2) ½ PIVOT TURNS LEFT, RIGHT KICK-BALL CROSS, RIGHT KICK-BALL CROSS MOVING TO THE RIGHT

- 17 Right - step forward
- 18 On (balls of) both feet pivot ½ turn left
- 19 Right - step forward
- 20 On (balls of) both feet pivot ½ turn left
- 21 Right - kick forward
- & Right - land slightly backward on (ball of) foot
- 22 Left - cross step in front of right foot
- 23 Right - kick forward
- & Right - land slightly backward on (ball of) foot
- 24 Left - cross step in front of right foot

DOUBLE DIAGONAL KICKS FORWARD, RIGHT SAILOR STEP, LEFT SAILOR STEP, RIGHT CROSS ROCK-RECOVER

- 25 Right - kick diagonally forward towards 1:00
- 26 Right - kick diagonally forward towards 1:00
- 27 Right - cross step behind left foot
- & Left - step slightly to side
- 28 Right - step slightly to side
- 29 Left - cross step behind right foot

& Right - step slightly to side
30 Left - step slightly to side
31 Right - cross step (rock) in front of left foot while slightly lifting left foot off floor
32 Left - lower foot back to floor (recover)

REPEAT
