All American Promenade (P)



編舞者: Jim Arkness 音樂: Unknown



Position: Couples face forward in line of dance in side by side position with both hands joined at waist height (man's right to lady's right, left to left) her left hand under his right arm (cross in front position)

1-4 **MAN:** Walk forward left, right, left, right

LADY: Walk forward right, left, right, left

5 MAN: Step forward left and pivot ½ turn to right on ball of left foot (dropping hands and then

retaking hands)

LADY: Step forward right and pivot ½ turn to left on ball of right foot

6-8 MAN: Walk backward (LOD) right-left, rock back on right with left foot raised

LADY: Walk backward (RLOD) left-right, rock back on left with right foot raised

9-11 MAN: Walk forward (RLOD) left, right, left

LADY: Walk forward (RLOD) right, left, right

12 MAN: Step forward on right foot and pivot ½ turn to left on ball of right foot

LADY: Step forward on left foot and pivot ½ turn to right on ball of left foot

Drop joined hands and join only with man's right hand and lady's left.

13-15 MAN: Walk backwards (toward RLOD) left, right, left

LADY: Walk backwards (toward RLOD) right, left, right

16 **MAN:** Touch right foot next to left foot

LADY: Touch left foot next to right foot

There should be a little space between the partners so they can move toward each other on the next counts

17-18 **MAN:** Step toward lady with right foot, touch left foot next to right

LADY: Step toward man with left foot, touch right foot next to left

19-20 MAN: Step away from lady with left foot, touch right foot next to left

LADY Step away from man with right foot, touch left foot next to right

21-24 MAN: Lead the lady across in front as you vine to the right (right, left, right) and touch left foot

next to right

LADY: Move to the left in front of the man with a 3-step full turn to the left (left, right, left) and

touch right foot next to left

Join hands with his left and her right. They have now changed places and he is on the outside of the circle and she is on the inside, still facing line of dance.

Inside hands are still joined

25-26 MAN: Step toward lady with left foot, touch right foot next to left

LADY: Step toward man with right foot, touch left foot next to right

27-28 MAN: Step away from lady with right foot, touch left foot next to right

LADY: Step away from man with left foot, touch right foot next to left

On the next 4 counts, the man will move forward to the inside of the circle and join hands with a new partner. This will be the lady who was in the row in front of him. Meanwhile, his partner will move backwards to the outside of the circle and join hands with a new partner. This will be the man who was in the row behind her. Both partners lift joined hands to form an arch which the lady goes under.

29-32 MAN: Lift hands up into an archTake 4 steps diagonally to the left (left, right, left, right)

moving to the inside of the circle. As she turns out, let go of hands with partner and finish up

by taking the hands of the lady in front.

LADY: Do a 3-step full turn to the right (right, left, right) under the hands arch. Step left foot together. During the 3-step turn, let go of hands with partner and finish up by taking the hands of the man behind.