

All Alone

拍數: 64 牆數: 4 級數: Improver
編舞者: Jan Wyllie (AUS)
音樂: Ain't Found Nobody - The Mavericks



- 1-4 Tap right heel forward twice, touch right toe behind, hold
5&6 Kick right foot forward, hook right across left, kick right foot forward (toe up please)
7&8 Shuffle forward right, left, right
- 9-10 Step forward on left, pivot $\frac{1}{4}$ right transferring weight to right
11-12 Step forward on left, pivot $\frac{1}{4}$ right transferring weight to right
13-16 Rock/step forward on left, rock back on right, step back on left, hold
- 17-20 Tap right heel forward twice, touch right toe behind, hold
21&22 Kick right foot forward, hook right across left, kick right foot forward (toe up please)
23&24 Shuffle forward right, left, right
- 25-26 Step forward on left, pivot $\frac{1}{4}$ right transferring weight to right
27-28 Step forward on left, pivot $\frac{1}{4}$ right transferring weight to right
29-30 Rock/step forward on left, rock back on right
31-32 Make a full turn left (back over left shoulder) stepping left, right
- 33-34 Making $\frac{1}{4}$ turn left rock/step left to left, step right to right
35-36 Step left behind right, step right to right
37-38 Rock/step left to left, step right to right
38-40 Step left behind right, step right to right
- 41-44 Step/sway left to left, hold, step/sway right to right, hold
45-48 Rock hips left, right, left, hold
- 49-52 Step right over left, step left to left, rock/step right to right, rock/ step left to left
53-56 Step right over left, step left to left, rock/step right to right, rock/ step left to left
- 57-58 Step right over left, pivot $\frac{3}{4}$ left transferring weight to left
59-60 Toe strut forward on right
61-62 Step forward on left, pivot $\frac{1}{4}$ right transferring weight to right
63-64 Stomp left beside right, hold

REPEAT
