

# Alive & Kickin

COPPER KNOB  
STEPSHEETS

拍數: 56      牆數: 4      級數: Intermediate  
編舞者: Daniel Whittaker (UK)  
音樂: That Don't Impress Me Much (Dance Mix) - Shania Twain



## SYNCOPATED VINE TO THE RIGHT, ROCK STEP, LEFT SIDE SHUFFLE

1-2            Step right foot to side, step left behind  
&3            Step right foot to side, cross left foot over right  
4              Step right foot to side  
5-6           Rock back left, forward right  
7&8          Step left foot to side, close right to left, step left foot to side

## LEFT WEAVE, ROCK STEP, RIGHT SIDE SHUFFLE ¼ TURN

9-10          Cross right over left, step left to side  
11-12        Step right foot behind left, step left foot to side  
13-14        Rock right foot over left, rock back on left  
15&16        Step right foot to side, close left foot to right, step right foot ¼ turn right

## KICK BALL STEP, STEP PIVOT, TRIPLE STEP ½ TURN ROCK BACK

17&18        Kick left foot forward, step left beside right, step forward right foot  
19-20        Step forward left pivot ½ turn right  
21&22        Triple step (left, right, left) ½ turn right  
23-24        Rock back right, rock forward left

## KICK BALL STEP, STEP PIVOT, TRIPLE STEP ½ TURN COASTER STEP

25&26        Kick right foot forward, step right beside left, step forward left  
27-28        Step forward right pivot ½ turn left  
29&30        Triple step (right, left, right) ½ turn left  
31&32        Step back left, close right to left, step forward left

## KICK TOUCH SIDE, KICK TOUCH SIDE, RIGHT SALOR STEP, LEFT SALOR STEP

33&34        Kick right foot forward, step right beside left, touch left to left side  
35&36        Kick left foot forward, step left beside right, touch right to right side  
37&38        Step right foot behind left, step left foot to side, step right beside left  
39&40        Step left foot behind right, step right foot to side, step left beside right

## STEP PIVOT, STEP PIVOT, SYNCOPATE FORWARD, SYNCOPATE BACK

41-42        Step forward right pivot ½ turn left  
43-44        Step forward right pivot ½ turn left  
&45-46       Syncopate forward (&) right (45) left (46) clap  
&47-48       Syncopate back (&) right (47) left (48) clap

## 4 PADDLE STEPS (FULL TURN), DIAGONALLY FORWARD (HOLD) FORWARD TOUCH

&49            (Weight on left) ¼ turn hitch right, touch right to side  
&50            ¼ turn hitch right knee, touch right to side  
&51            ¼ turn hitch right knee, touch right to side  
&52            ¼ turn hitch right knee, step right foot beside left (weight ends on right)  
**Alternative for counts 49-52: touch right to side, step right beside left, touch left to side, touch left beside right**  
53-54        Step left foot diagonally forward left, hold (splay both hands out or clap)  
&55-56        Step right foot to left, step left foot forward, touch right beside left (clap)

REPEAT

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