

拍數: 48      牆數: 2      級數: Beginner  
編舞者: Traci Grande (USA)  
音樂: I'm Alive - Céline Dion



## SIDE TOUCHES, WALK BACK

- 1&2      Touch right toe out to side, right foot back in place, touch left toe out to side  
&3&4      Left foot back in place, touch right toe out to side, right foot back in place, touch left toe out to side  
5-6-7-8      Walk back left, right, left, right

## SIDE TOUCHES, FULL TURN FORWARD, STEP

- 9&10      Touch left toe out to side, left foot back in place, touch right toe out to side  
&11&12      Right foot back in place, touch left toe out to side, left foot back in place, touch right toe out to side  
13-14-15-16      Step forward right, step back on left as you ½ turn right, step forward right as you ½ turn right, step forward left

## LUNGE, STEP, LUNGE, STEP, ¼ TURN, ¼ TURN

- 17&18      Lunge forward right, step left in place, step right next to left (weight on right)  
19&20      Lunge back left, step right in place, step left next to right (weight on left)  
21-22      Step forward on right, ¼ turn left  
23-24      Step forward on right, ¼ turn left

## STEP, KICK-BALL-CHANGE, STEP, STEP, KICK-BALL-CHANGE, STEP

- 25-26&27      Step forward right, kick-ball-change with left foot (kick with left, step left, step right)  
28-29      Step forward left, right  
30&31-32      Kick-ball-change with left (kick with left, step left, step right), step forward left

## POINT, ½ TURN, SHUFFLE, ROCK, RECOVER, COASTER STEP

- 33-34      Point right toe out to side, ½ turn right hooking right over left (weight on left)  
35&36      Shuffle forward right, left, right  
37-38      Rock forward on left, recover weight to right  
39&40      Left coaster step (step back left, step back right, step forward left)

## POINT, ½ TURN, SHUFFLE, ROCK, RECOVER, COASTER STEP

- 41-42      Point right toe out to side, ½ turn right hooking right over left (weight on left)  
43&44      Shuffle forward right, left, right  
45-46      Rock forward on left, recover weight to right  
47&48      Left coaster step (step back left, step back right, step forward left)

## REPEAT