

# Alive 'n' Kickin

COPPER KNOB  
BY STEPHEN

拍數: 48      牆數: 4      級數:  
編舞者: Tracey McIntosh (UK)  
音樂: You Keep Me Hangin' On - Reba McEntire



## SIDE SHUFFLE, FULL TURN, SIDE SHUFFLE, ROCK STEP

1&2            Step right to side, step left beside right, on ball of left pivot ½ turn right and step forward right  
3-4            Step forward left, pivot ½ turn right  
5&6            On ball of right, pivot ¼ turn right and step left to side, step right beside left, step left to side  
7-8            Rock back on right, step left in place

If you do not want to do a full turn, then do a right side shuffle and a back rock step with the left, followed by a left side shuffle with a back rock on right

## KICK BALL CROSS TWICE, STOMP KICK WITH ¼ TURN, COASTER STEP

9&10           Kick right foot right at 45 degrees angle, step right to side, cross left over right  
11&12          Kick right foot right at 45 degrees angle, step right to side, cross left over right  
13-14          Stomp right foot in place, on ball of left, pivot 1/4 turn right and kick right foot forward  
15-16          Step back right, step back left, step forward right

## STOMP KICK, MODIFIED BOX STEP, STEP ½ TURN, FULL TURN

17-18          Stomp left foot in place, kick left foot slightly across right  
19&20          Cross left over right, step back right, step left beside right  
21-22          Step forward right, pivot ½ turn left  
23-24          On ball of left, pivot ½ turn left and step back right, on ball of right, pivot ½ turn left and step forward left

If you do not want to do a full turn, just walk forward right, left

## SHUFFLE STEP KICK, COASTER STEP, WALK STEPS

25&26          Step forward right, step left beside right, step forward right  
27-28          Step forward left, kick right foot forward  
29&30          Step back right, step back left, step forward right  
31-32          Walk forward left, walk forward right

## STEP ½ TURN TWICE, COASTER STEP, WALK STEPS

33-36          Step forward left, pivot ½ turn right, step forward left, on ball of left pivot ½ turn left and step back right  
37&38          Step back left, step back right, step forward left  
29-40          Walk forward right, walk forward left

## CROSS KICK BALL CHANGE TWICE, DIAGONAL SWIVEL STEPS

41&42          Kick right foot across left, step right beside left, step left in place  
43&44          Kick right foot across left, step right beside left, step left in place  
&45            On ball of left, swivel left heel out slightly, step onto ball of right at 45 degrees right  
&46            On ball of right, swivel right heel out slightly, step onto ball of left at 45 degrees left  
&47            On ball of left, swivel left heel out slightly, step onto ball of right at 45 degrees right  
&48            On ball of right, swivel right heel out slightly, step onto ball of left at 45 degrees left

REPEAT