

Alabama Struttin'

COPPERKNOB
STEPSHEETS

拍數: 32 牆數: 4 級數:
編舞者: Bob Peyre-Ferry (USA) & Marlene Peyre-Ferry (USA)
音樂: Alabama Country Girl - George Lee, Jr. & the Crazyed Cowboys



Dance starts on vocals after tempo increase (2nd set of vocals)

HEEL SPLITS, HIP BUMPS, CLAP

1-2 On balls of both feet, split heels apart, return
3-4 On balls of both feet, split heels apart, return
5-6 Bump hips right, clap
7-8 Bump hips left, clap

CHARLESTON STEP, PIVOT, HEEL TOUCH, TOE TOUCH

1-2 Step right forward, kick left forward
3-4 Step left back, touch right toe back
5-6 Step right forward, pivot ½ turn left
7-8 Touch right heel forward, touch right toe back

PIVOT, KICKS, ROCK STEPS

1-2 Step right forward, pivot ¼ turn left
3-4 Kick right forward 2 times
5-6 Rock forward on right, recover on left
7-8 Rock back on right, recover on left

WALK FORWARD, WALK BACK

1-2 Walk forward right, left
3-4 Walk forward right, touch left heel forward
5-6 Walk back left, right
7-8 Walk back left, stomp right to left

REPEAT
