

# Alabama Mist

**COPPER KNOB**  
STEPSHEETS

拍數: 48      牆數: 4      級數: Intermediate  
編舞者: Joan Philip (UK)  
音樂: Misty Blue - Scooter Lee



---

## SWAY, SWAY, WEAVE SIDE BEHIND SIDE CROSS, PIVOT ½ TURN, HITCH

- 1-3            Step right foot to right side with hip sway, hold for 2 counts
- 4-6            Step left foot to left side with hip sway, hold for 2 counts
- 7              Step right foot to right side
- 8              Step left foot behind right
- 9              Step right foot to right side
- 10-12        Cross step left foot over right, pivot ½ turn left on ball of left foot over two counts while hooking right foot behind left

## RIGHT TWINKLE, LEFT TWINKLE, CROSS, UNWIND ½ TURN LEFT, HOLD X 3

- 13-15        Cross rock right foot over left, rock back onto left, step right foot beside left
- 16-18        Cross rock left foot over right, rock back onto right, step left foot beside right
- 19            Cross step right foot over left
- 20-21        Unwind ½ turn left over 2 counts
- 22-24        Hold for three counts

## WEAVE CROSS SIDE BEHIND, ¼ TURN, LOW KICK, RIGHT COASTER STEP, POINT, HOLD TWICE

- 25-27        Cross step right foot over left, step left foot to side, step right foot behind left
- 28            Step ¼ turn left on left foot
- 29-30        Kick right foot forward slowly over 2 counts (low kick)
- 31-33        Step back on right, step left foot beside right, step forward on right
- 34-36        Point left toe to left side, hold for 2 counts

## LEFT SAILOR STEP, RIGHT SAILOR TURN, CROSS, HOLD TWICE, UNWIND ¼ TURN RIGHT

- 37-39        Step left foot behind right, step right foot to side, step left foot beside right
- 40-42        Step right foot behind left, step left foot to side, step right foot forward making ¼ turn right
- 43            Cross step left foot over right
- 44-45        Hold for 2 counts
- 46-48        Unwind ¼ turn right over 3 counts

**REPEAT**

---