

A.K. Stomp

拍數: 48 牆數: 4 級數: Beginner
編舞者: Warren Fleming (AUS)
音樂: Fly Like a Bird - Boz Scaggs



PIGEON TOE, PIGEON TOE

1-4 (With weight on soles of feet) swing heels out, back in place, swing heels out, back in place

SIDE, STOMP, SIDE, STOMP

5-8 Step right to right side, stomp left beside right, step left to left side, stomp right beside left

HEEL, TOE, SIDE, SLAP

9-12 Tap right heel forward, tap right toe backward, tap right toe out to right side, slap inside of right boot with left hand

GRAPEVINE RIGHT, STOMP

13-16 Step right to right side, cross left behind right, step right to right side, stomp left beside right

HEEL, TOE, SIDE, SLAP

17-20 Tap right heel forward, tap right toe backward, tap right toe out to right side, slap inside of right boot with left hand

GRAPEVINE LEFT, STOMP

21-24 Step left to left side, cross right behind left, step left to left side, stomp right beside left

RIGHT HEEL, CLOSE, RIGHT HEEL CLOSE

25-28 Tap right heel forward at 45 degrees, back in place, tap right heel forward at 45 degrees, back in place

LEFT HEEL, CLOSE, LEFT HEEL CLOSE

29-32 Tap left heel forward at 45 degrees, back in place, tap left heel forward at 45 degrees, back in place

CHARLESTON STEP

33-36 Step forward onto left, swing right forward, step backward onto right, touch left toe backward

CHARLESTON STEP

37-40 Step forward onto left, swing right forward, step backward onto right, touch left toe backward

FORWARD, HITCH, BACK ¼ TURN, HITCH

41-44 Step forward onto left, lift right knee up (hitch), step backward onto right turn ¼ left, lift left knee up

GRAPEVINE LEFT, STOMP

21-24 Step left to left side, cross right behind left, step left to left side, stomp right beside left

REPEAT
