

Air

拍數: 32 牆數: 1 級數: Improver
編舞者: William Sevone (UK)
音樂: The Air That I Breathe - The Hollies



½ RIGHT MONTEREY, CROSS ROCK, ROCK, SIDE STEP, ½ LEFT CHASSE RIGHT, BEHIND TOE TOUCH, (12:00)

- 1-2 Touch right toe to right side, turn ½ right & step right foot next to left
- 3-4 Cross rock left foot over right, rock onto right foot
- 5-6 Step left foot to left side, turn ½ left & step right foot to right side
- &7-8 Step left foot next to right, step right foot to right side, cross touch left toe behind right foot

SYNCOPATED WEAVE, SWAY: LEFT-RIGHT-LEFT, ½ RIGHT SIDE STEP, STEP FORWARD, (6:00)

- 9-10 Step left foot to left side, cross step right foot behind left
- &11-12 Step left foot next to right, cross step right foot over left, rock left foot to left side - with body sway
- 13-14 Sway body to right, sway body to left
- 15-16 Turn ½ right & step right foot to right side, step forward onto left foot

FORWARD LOCKSTEP, ¼ LEFT SWAY RIGHT, SWAY: LEFT-RIGHT, ¾ LEFT CHASSE LEFT, ½ SIDE STEP, CROSS STEP - START OF CROSS SHUFFLE, (12:00)

- &17-18 Lock right foot behind left, step forward onto left foot, turn ¼ left & rock right foot to right side - with body sway
- 19-20 Sway body to left, sway body to right
- 21&22 Turn ¾ left & step left foot to left side, step right foot next to left, step left foot to left side
- 23-24 Turn ½ right & step right foot to right side, cross step left foot over right

SIDE STEP-CROSS STEP, SWAY: RIGHT-LEFT, WALK FORWARD: RIGHT-LEFT, ½ LEFT SIDE STEP, ½ RIGHT SIDE STEP, TOE TOUCH, (12:00)

- &25-26 Step right foot to right side, cross step left foot over right, rock right foot to right side - with body sway
- 27-28 Sway body to left, step forward onto right foot
- 29-30 Step forward onto left foot, turn ½ left & step right foot to right side,
- 31-32 Turn ½ right & step left foot to left side, touch right foot next to left,

REPEAT

DANCE FINISH

Both pieces of music will finish facing 'home' on the 10th wall:

The Hollies: count 32 - add 'touch hat brim with left hand & right hand on hip' to count 32

The Mavericks: count 24 - add 'touch hat brim with right hand & left on hip' to count 24