

# Aina

COPPER KNOB  
STEPSHEETS

拍數: 32      牆數: 2      級數: Improver  
編舞者: Jana (ES), Francina (ES), Rosa (ES) & Ray Busque (ES)  
音樂: Paralyzed - The Sweethearts Of The Rodeo



## SWIVELS, SLOW COASTER STEP, HOLD

1-2      Swivel heels right, swivel heels center  
3-4      Swivel heels right, swivel heels center  
5-6      Step right back, step left beside right  
7-8      Step right forward, hold

## PIVOT ½ TURN LEFT, HOLD, SLOW COASTER STEP, HOLD, TOE STRUT

9-10      Pivot ½ turn left, hold  
11-12      Step right forward, step left beside right  
13-14      Step right back, hold  
15-16      Step left toe cross over right, drop left heel

## TOE, HEEL, HOOK, STEP - TOE, HEEL, HOOK, STEP

17-18      Touch right toe to right (knee inside), touch right heel forward (toe outside)  
19-20      Hook right leg cross over left, step right cross over left

### Option for on count 19: scoot over left

21-22      Touch left toe to left (knee inside), touch left heel forward (toe outside)  
23-24      Hook left leg cross over right, step left cross over right

### Option for count 23: scoot over right

## STEP, HOOK, STEP, HOOK, STEP, SCUFF, STEP, STOMP

25-26      Step right forward, hook left leg behind right  
27-28      Step left back, hook right leg cross over left  
29-30      Step right forward, scuff left beside right  
31-32      Step left forward, stomp right beside left

## REPEAT

## ENDING

### For the song "Paralyzed" by Sweethearts Of The Rodeo

27-28      Step left back, hold  
&29      Step right beside left, touch left heel forward  
&30      Step left beside right, flick right heel  
31      Scuff right beside left