

# Ain't Nobody

COPPERKNOB  
STEPSHEETS

拍數: 96      牆數: 4      級數: Intermediate  
編舞者: Jackie Barber (UK)  
音樂: Ain't Nobody - Chaka Khan



## RIGHT MAMBO FORWARD, LEFT MAMBO FORWARD TWICE

1&2      Rock forward onto right recover onto left, close right next to left  
3&4      Rock back onto left recover onto right, close left next to right  
5-8      Repeat steps 1-4

## RIGHT SHUFFLE FORWARD, LEFT SHUFFLE FORWARD, RIGHT CROSS UNWIND ½ TURN LEFT, LEFT COASTER STEP

1&2      Step right forward, step left beside right, step right forward  
3&4      Step left forward, step right beside left, step left forward  
5-6      Cross right over left, unwind ½ turn left transferring weight onto right  
7&8      Step back onto left, close right next to left, step forward left

## JAZZ BOX, CROSS STEP, LONG STEP RIGHT, CLOSE FEET, AND CHASSE RIGHT

1-2      Cross right over left, step back onto left  
3-4      Step right to right side, cross left over right  
5-6      Step right foot a long step to right side, close left next to right  
7&8      Step right to right side, close left beside right, step right to right side

## CROSS ROCK RECOVER, CHASSE LEFT, WEAWE ¼ TURN LEFT

1-2      Cross rock left over right, recover onto right  
3&4      Step left to left side, close right beside left, step left to left side  
5-6      Cross right over left, step left to left side  
7&8      Cross right behind left, step left forward ¼ turn over left shoulder

## RIGHT CROSS UNWIND ½ TURN LEFT, LEFT COASTER STEP, CROSS STEP, KICK LEFT FORWARD, TOUCH RIGHT BEHIND

1-2      Cross right over left, unwind ½ turn left transferring weight onto right  
3&4      Step back onto left, close right next to left, step forward left  
5-6      Cross step right over left, kick left to left diagonal  
7-8      Step left next to right, touch right diagonally back right

## CROSS STEP RIGHT, KICK LEFT FORWARD, TOUCH RIGHT BEHIND, JAZZ BOX, CROSS STEP

1-2      Cross step right over left, kick left to left diagonal  
3-4      Step left next to right, touch right diagonally back right  
5-6      Cross right over left, step back onto left  
7-8      Step right to right side, cross left over right

## LONG STEP RIGHT, CHASSE ¼ TURN RIGHT, LONG STEP LEFT, CHASSE LEFT

1-2      Step right foot a long step to right side, close left next to right  
3&4      Step right to right side, close left beside right, step right to ¼ turn right side  
5-6      Step left foot a long step to left side, close right next to left  
7&8      Step left to left side, close right beside left, step left to left side

## ROCK BACK RIGHT RECOVER ½ TURN LEFT ROCK BACK LEFT RECOVER ½ TURN RIGHT, RIGHT LOCK STEPS BACK, LEFT LOCK STEPS BACK

1&2      Rock back onto right foot recover onto left making a half turn over your left shoulder stepping back onto right

- 3&4 Rock back onto left foot recover onto right making a half turn over your right shoulder stepping back onto left
- 5&6 Step back right, lock left over right, step back on right
- 7&8 Step back left, lock right over left, step back on left

**ROCK BACK RIGHT, RECOVER ONTO LEFT MAKE ¼ TURN LEFT STEP RIGHT TO RIGHT SIDE, ROCK BACK LEFT RECOVER, STEP LEFT TO LEFT SIDE, STEP TURN STEP FORWARD, LEFT LOCK STEP FORWARD**

- 1&2 Rock back onto right foot, recover onto left make ¼ turn left stepping right to right side
- 3&4 Rock back onto left recover onto right, step left to left side
- 5&6 Step forward onto right foot pivot ½ a turn over left shoulder, step forward right
- 7&8 Step left forward, lock right behind left, step left forward

**FULL TURN LEFT, RIGHT ROCK CROSS, LEFT ROCK CROSS, CHASSE RIGHT**

- 1-2 Make a ½ turn left stepping back onto right, make another ½ turn left stepping forward onto left
- 3&4 Rock right out to right side recover onto left, cross right over left
- 5&6 Rock left out to left side recover onto right, cross left over right
- 7&8 Step right to right side, close left beside right, step right to right side

**LEFT CROSS, SIDE, BEHIND & HEEL, STEP, RIGHT CROSS, SIDE, BEHIND & HEEL, STEP**

- 1-2 Cross left over right, step right to right side
- 3&4& Step left behind right, step right to right side, dig the left heel forward, step left next to right
- 5-6 Cross right over left, step left to left side
- 7&8& Step right behind left, step left to left side, dig the right heel forward, step right next to left

**STEP LEFT, HIP BUMPS, STEP RIGHT HIP BUMPS, TOUCH BEHIND UNWIND, STEP ½ TURN LEFT,**

- 1&2 Step forward left, bump hips left, right, left
- 3&4 Step forward right, bump hips right, left, and right
- 5-6 Touch left toe behind unwind ½ turn transferring the weight to right foot
- 7-8 Step forward onto the left foot and pivot ½ turn left

**REPEAT**

**RESTART**

Restart on wall 2 at the end of section 11. Replace the heel dig with a touch and restart the dance

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