

Ain't Nobody

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Victoria Jones
音樂: Ain't Nobody (feat. Richard X) - Liberty X



WALK, WALK ¼ TURN, KICK CROSS, SWIVEL

- 1 Walk forward right
- 2 Walk forward left
- & ¼ turn left, stepping right to right side
- 3 Left foot cross behind right
- 4 Step right foot across in front of left
- 5& Kick left foot to left side, step left in place
- 6 Cross right foot in front of left making ¼ left
- 7&8 Twist heels right, left, right, making ½ turn left (unwinding)

BACK, SIDE, SIDE, SIDE, ½ TURN WITH HITCH ½ TURN, HEEL JACK

- 1&2 Step left foot back, step right beside left, touch left toe to left side
- &3&4 Touch right toe to right side, touch left toe to left side
- 5&6 Step forward on left, ½ turn to right, hitch left knee, making a ½ turn to right
- &7&8 Step left back, touch right heel forward. Step right in place, step left beside right

At this point of wall 6 restart the dance

½ TURN ¾ TURN ROLLING VINE (OR SHUFFLE) CROSS ROCK

- 1&2 Step left foot forward, making ½ turn right, step back on right, step left foot forward
- 3&4 Step right foot forward, making ½ turn left, step left to left side making a ¼ turn to left, touch right toe to right side
- 5&6 Full turn to right, traveling to right side (right, left, right)

Or side shuffle to right

- 7&8 Cross rock left in front of right, step right in place, step left to left side

TOUCH, TOUCH, KICK CROSS, HIP BUMPS

- 1-2 ¼ turn to left touching right to right side twice
- 3 Kick right foot across in front of left
- & Step right in place
- 4 Step left to left side
- 5-6 Bump hips to right then left
- 7&8& Bump hips right, left, right

REPEAT
