

Ain't No Reason

COPPER KNOB
STEPSHEETS

拍數: 56 牆數: 2 級數:
編舞者: Eddie Van Herwijnen
音樂: No Reason to Change - Randy Travis



FORWARD, ROCK, SIDE, ROCK, SLOW RIGHT SAILOR, BEHIND

1-2 Step right forward, rock back onto left
3-4 Step right to right side, side rock onto left
5-6-7 Slow right sailor: step right behind left, step left to left side, step right to right side
8 Step left behind right

FORWARD, TOUCH & HEEL, FORWARD, FORWARD, TOUCH & HEEL, FORWARD

1-2 Step right forward, touch left toe next to right
&3-4 Step left back, touch right heel forward, step right forward
5-6 Step left forward, touch right toe next to left
&7-8 Step right back, touch left heel forward, step left forward

ACROSS, BACK, ¼ RIGHT, 1/ 4 RIGHT, ROCK, ACROSS, SIDE, ROCK

1-2 Step right across left, step left back
3-4 Turn ¼ right stepping right forward, turn ¼ right stepping left to left side (6:00)
5-6 Side rock onto right, step left across right
7-8 Step right to right side, side rock onto left

ACROSS, ROCK & HEEL, HOP/TOE, HOP/HEEL, HOP/TOE, HOP/HEEL, SIDE

Easier option: across, rock & heel, across, side, across, side, rock

1-2 Step right across left, rock back onto left
&3 Step right to right side, touch left heel forward diagonally left
4-5 Travel right: hop left across right touching right toe behind left, hop right to right side touching left heel forward
6-7 Hop left across right touching right toe behind left, hop right to right side touching left heel forward
8 Step left to left side

Easier option for above 5 beats as follows:

4-8 Travel right: step left across right, step right to right side, step left across right, step right to right side, rock onto left

ACROSS, BACK, ¼ RIGHT, FORWARD, SIDE, ROCK, BEHIND, ROCK ACROSS

1-2 Step right across left, step left back
3-4 Turn ¼ right stepping right forward, step left forward (9:00)
5-6 Step right to right side, side rock onto left
7-8 Step right back behind left, rock forward onto left across right

SIDE, ½ LEFT, FORWARD, ROCK, RIGHT COASTER, FORWARD, TOUCH

1-2 Step right to right side, turn ½ left stepping left forward (3:00)
3-4 Step right forward, rock back onto left
5&6 Right coaster: step right back, step left together, step right forward
7-8 Step left forward, touch right toe next to left

BALL-STEP, FORWARD, ROCK, ½ RIGHT, PIVOT TURN, ¼ RIGHT, TOUCH

&1 Ball-step: step ball of right back, step left forward
2-3-4 Step right forward, rock back onto left, turn ½ right stepping right forward (9:00)
5-6 Pivot turn: step left forward, pivot ½ right weight on right (3:00)

7-8 Turn ¼ right stepping left to left side, touch right toe next to left (6:00)

REPEAT

TAG

**To be done at the end of wall 1 and twice at the end of wall 3 - both facing back
& HEEL, HOLD, & HEEL, HOLD, HIP, HIP, HIP, HIP**

&1-2 Step right to right side, touch left heel forward diagonally left, hold

&3-4 Step left to left side, touch right heel forward diagonally right, hold

5-8 Step right to right side swaying hips right, sway hips left, right, left
