

Ain't It The Truth

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 3 級數: Intermediate/Advanced cha cha
編舞者: Heather Gargiulo (NZ)
音樂: Moment of Truth - Suzy Bogguss



- 1-2 Step forward right, pivot ½ left
3&4 Shuffle forward right left right
5-6& Rock left to left side, recover onto right in place, step left beside right
7-8 Cross right over left, turn ¼ right then step left back (9:00)
- 9-10 Turn ¼ right then step right to right side, hold
&11&12 Step left beside right, shuffle forward right left right
13-14 Turn ¼ left then step forward left, turn ½ left then step right back
15-16& Large step left to left side, hold, step right beside left (3:00)
- 17-19 Step left to left side, cross rock right behind left, recover onto left in place
20-21 Turn ¼ left then step back right, step back left
22 Turn ¼ right then step right to right side
23-24& Step left beside right, hold, turn ¼ right then step forward right (6:00)
- 25-26 Step forward left, ½ pivot right
27&28 Shuffle forward left right left
29-30 Step forward right on right 45', step forward left on left 45' (skate, skate)
31&32 Shuffle forward right left right (12:00)
- &33&34 Turn ½ left on ball of right foot hitching left knee slightly, shuffle forward left right left
35-36 Walk forward right left (option: forward rolling full turn left stepping right left)
37&38 Rock step right forward, rock back onto left in place, step forward onto right in place
39-40 Step left forward, turn ¼ right taking weight onto right (9:00)
- 41-42 Cross left in front of right, hold
43&44 Rock step right back, rock forward onto left in place, step forward right
45-46& Step left forward, turn a full turn right on ball of left, step right beside left
47&48 Shuffle forward left right left (9:00)
- 49-50 Step forward right, ½ turn left taking weight onto left
51&52 Turn ½ left then shuffle back right left right
53-54 Step back left, ½ turn right on ball of left (ending with right toe beside left instep)
- Restart goes here on wall 2**
55&56 Shuffle forward right left right (3:00)
- 57-58 Step left to left side, step right beside left
59&60 Step left to left side, step right beside left, turn ¼ right then step left back
61-62 Rock back right, recover forward onto left
63-64 Step forward right, turn ¾ left on ball of right then step forward left (9:00)

REPEAT

RESTART

On the 2nd wall dance to count 54, then walk forward right-left on the words "is a" and restart the dance facing the front wall.

