

Anyone Of Us Can Dream

COPPER KNOB
BY STEPHEN

拍數: 64 牆數: 0 級數:
編舞者: Andrew Palmer (UK) & Simon Cox (UK)
音樂: Anyone Of Us (Stupid Mistake) - Gareth Gates



SIDE ROCK LEFT, RECOVER, LEFT ROCK BEHIND, RECOVER, RIGHT KNEE-ROLL, RIGHT KICK-STEP TOUCH LEFT

1-2 Left rock side left, recover to right
3&4 Left rock behind right, recover to right, left step side left
5-6 Right knee roll across 2 counts (to the right - from left to right)
7&8 Right kick forward, step right forward (in line with left), left toe touch side left

LEFT TOUCH FORWARD, TOUCH SIDE, STEP BEHIND, HEEL RAISE, RIGHT COASTER, ¼ RIGHT SWAY CLICK

1-2 Left toe touch forward, left toe touch side left
3&4 Step left back, lift both heels, both heels down
5&6 Right coaster step
7-8 Left step forward with ¼ turn right (sway weight over left), lift and twist right heel left (pivot on toe) (3:00) click right fingers

RIGHT SWAY CLICK, LEFT SCISSOR-STEP, SIDE, BEHIND, HOLD, SIDE CROSS

1-2 Right step side right (sway weight over right), lift and twist left heel right (pivot on toe) click left fingers
3&4 Left side left, right step together, left step across right
5-6 Right step side right, left step behind right
7 Hold
&8 Right step side right, left step across right

SIDE ROCK RIGHT, RECOVER, CROSS, ¼ RIGHT STEP, ½ RIGHT STEP, LEFT ROCK FORWARD, RECOVER, LEFT COASTER

1-2 Right rock side right, recover to left
3&4 Right step across left, left step back with ¼ right (6:00), right step forward with ½ turn right (12:00)
5-6 Left rock forward, recover to right
7&8 Left coaster step

RIGHT STEP FORWARD, LEFT STEP BACK ½ LEFT, RECOVER, LEFT LOCK & RIGHT LOCK, LEFT ROCK, RECOVER

1-2 Step right forward (ready to turn left), left step back with ½ turn left (6:00)
3 Recover (forward) to right
4&5 (Lead with left hip) left (small) step forward, right toe lock behind left, left (small) step forward
&6& (Lead with right hip) right step forward, left toe lock behind right, right (small) step forward
7-8 Left rock forward, recover to right

TRIPLE STEP ½ LEFT, RIGHT STEP FORWARD, RECOVER ¼ LEFT, RIGHT CROSS-SHUFFLE, SIDE ROCK LEFT, RECOVER

1&2 Left triple step with ½ turn left (12:00)
3-4 Step right forward, recover to left with ¼ turn left (9:00)
5&6 Right cross shuffle
7-8 Left rock side left, recover to right

Re-start back to start - during wall / repetition 2 (3:00)

LEFT BEHIND, SIDE RIGHT, LEFT STEP FORWARD, RIGHT ROCK FORWARD, RECOVER ¼ LEFT, LEFT WEAVE, SIDE ROCK LEFT, RECOVER

- 1&2 Left step behind right, right step side right, step left forward
3-4 Step right forward, recover to left with ¼ turn left (6:00)
5&6 Right step across left, left step side left, right step behind left
7-8 Left rock side left, recover to right

Re-start back to start - during wall / repetition 4 (3:00)

LEFT BOX-STEP WITH CROSS, BOUNCE LEFT HEEL 4 TIMES

- 1-4 Left step across right, step right back, left step side left, right step across left
5-8 Left step side left and bounce heel 4 times

REPEAT

TAG

After 1st wall only

LEFT BOX-STEP WITH CROSS

- 1-4 Left step across right, step right back, left step side left, right step across left
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