Anybody Wanna



拍數: 32 牆數: 4 級數: Intermediate

編舞者: The Lady In Black (UK)

音樂: Anybody Wanna Pray With Me - CeCe Winans



This dance was written especially for the Virginia Is For Dance Lovers Event and dedicated to Mike and Betty for their wedding

WALKS FORWARD, HEEL SWIVELS, WALK BACK RIGHT, STEP LEFT, SWITCH POINTS, HOOK, 1/4 TURN LEFT

1-2 Walk forward right, walk forward left

3&4 Step forward on ball of right swiveling right and left heel in, swivel both heels out, step right

back (leaning forward on the swivels)

5&6 Step back on left, step right in place, point left to left side

&7&8 Step left in place, point right to right side, hook right behind left knee, pivot ½ turn left on left

(still keeping right hooked behind left)

TOE TAPS TO RIGHT, TOE TAPS CROSSING OVER LEFT, SWEEP, STEP BACK, SLIDE, 1/4 TURN BALL STEP

1&2 Tap right toe out to right, tap right toe slightly further to right, tap right toe out further again till

you're leaning to right, (weight is all on ball of right toe)

3&4 (These next 2 count will bring the toe taps in front and across left), tap right toe back in

slightly, tap right toe in front of left, step right across and in front of left

5-6 Sweep left in front and across right, step big step back on right

7&8 Slide left towards right (no weight), step left ¼ turn left, step right forward

STEP POINTS & LEAN, HITCH AND BUMPS OR FOOT TWISTS, 1/4 TURN LEFT WITH TOUCH, CHASSE TO LEFT

&1-2 Step left in place, point right forward and lean back, point right to right side

3&4 Hitch right knee and flick right foot in leading with heel in, out, in

Alternative counts for 3&4 (bumps) keep right knee hitched throughout hip bumps)

3&4 Hitch right knee bumping hip to left, bump hip to right, bump hip to left

5-6 Step right back ¼ turning left, touch left next to right

7&8 Step left to left side, step right next to left, step left to left side

KICKS FORWARD, SIDE, BEHIND, SLIDE DOWN, FULL MONTEREY, ROCK, RECOVER, STEP TOGETHER

1-2 Kick right forward, kick right to right

3-4 Hook right behind left knee, slide right down back of left leg stepping right behind left taking

the weight

&5-6 Step left next to right, point right to right side, pivot whole turn on left stepping right next to left

7&8 Rock left to left, recover weight on right, step left next to right (taking weight)

REPEAT