

Any Time Now

COPPER KNOB
BY STEPHEN

拍數: 48 牆數: 2 級數: Intermediate
編舞者: Linda Hegarty (UK)
音樂: In These Shoes? - Kirsty MacColl



STEP RIGHT HOLD, ROCK LEFT TURN HITCH, LEFT COASTER STEP, ROCK STEP RIGHT

1-2 Step right forward and hold
3&4 Rock forward left, step right in place, turn ½ left while hitching left knee
5&6 Step left back, bring right beside left, step left forward
7-8 Rock right forward and step left in place

¼ STEP ROLL AND STEP ROLL AND CROSS SIDE BEHIND TURN STEP

9-10 Step right to right side while turning ¼ turn right and hold
While doing the step hold do either a hip or body roll to add a Latin feel.
&11-12 Step left beside right and step right out to right side and hold
Again do the hip or body roll
&13-14 Step left beside right and cross right over left, step left to left side
15&16 Cross right behind left step left forward while turning ¼ turn left step right forward

ROCK STEP FULL TURN AND SHUFFLE ½ TURN, SHUFFLE ½ TURN

17-18 Rock left forward rock right back
19-20 Turn a full turn left while stepping left right
&21&22 Step left in place while turning a ½ turn left shuffle right-left-right while turning a half turn left
23&24 Shuffle left-right-left while turning ½ turn left

Alternative: instead of counts 17-24 just rock forward left and back on right. Shuffle ½ turn left left-right-left shuffle right-left-right shuffle left-right-left

OUT OUT HOLD AND CROSS HOLD AND BACK AND KICK BEHIND ¾ TURN

&25-26 Step right to right side and left to left side hold
&27-28 Step left slightly behind right and cross right over left hold
&29&30 Step left to left side rock right back and step left forward kick left forward
31-32 Cross right behind left and turn ¾ turn right while stepping left in place

ROCK BACK AND ROCK AND TURN, ROCK BACK AND ROCK AND TURN

33-34 Rock right back and rock left forward
&35&36 Step right forward, rock left back, step right in place, step left to left side while turning ¼ turn right
37-38 Rock right back and rock left forward
&39&40 Step right forward, rock left back, step right in place, step left to left side while turning ¼ turn right

ROCK BACK MONTEREY ½ TURN RONDE' ¾ AND ROCK BACK

41-42 Rock right back and left forward
43-44 Point right to right side and turn ½ turn right while stepping right in place
45-46 Rondé ¾ turn right
&47-48 Step left in place, rock right back and left forward

REPEAT