

Any Ole Time

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Rosalie Mackay (AUS)
音樂: Any Ole Time - Joe Barnhill



CROSS SIDE, BACK ROCK, SIDE ROCK, CROSS SHUFFLE

1-2-3-4 Step left across right, step right to side, rock back on left, rock forward on right
5-6-7&8 Rock left to left side, rock right in place, cross shuffle left, right, left

SIDE ROCK, ½ TURN SIDE SHUFFLE, ½ TURN SIDE SHUFFLE, FULL TURN

1-2-3&4 Rock right to right side, rock left in place, turn ½ turn right and shuffle to side right, left, right
5&6-7-8 Turn ½ turn left and shuffle to side left, right, left, traveling left turn full turn left stepping right, left

CROSS SIDE, BACK ROCK, SIDE ROCK, CROSS SHUFFLE

1-2-3-4 Step right across left, step left to side, rock back on right, rock forward on left
5-6-7&8 Rock right to right side, rock left in place, cross shuffle right, left, right

SIDE ROCK, CROSS TAP, SIDE SHUFFLE ¼ TURN, FULL TURN FORWARD

1-2-3-4 Rock left to left side, rock right in place, step left across right, tap right beside left
5&6-7-8 Step right to side, step left beside right, turn ¼ turn right step right forward, turn full turn right stepping left, right

SHUFFLE FORWARD, FORWARD ROCK, ½ TURN STRUT, ¼ TURN

1&2-3-4 Shuffle forward left, right, left, rock forward on right, rock back on left
5-6-7-8 Turn ½ turn right step right toe forward, drop right heel, step left forward turning ¼ turn right, turning a further ½ turn right on ball of left step right to side

CROSS SIDE, BEHIND UNWIND, CROSS SIDE, CROSS POINT

1-2-3-4 Step left across right, step right to side, cross left behind right, turn ½ turn left weight on right
5-6-7-8 Step left across right, step right to side, step left across right, point right to side

SHUFFLE FORWARD, ¼ PIVOT, CROSS REVERSE TURN, SHUFFLE FORWARD

1&2-3-4 Shuffle forward right, left, right, step left forward, turn ¼ turn right and transfer weight to right
5-6-7&8 Step left across right, turn ¼ turn left step back on right, turning a further ½ turn left shuffle forward left, right, left

& BACK/KICK STEP, FORWARD ½ TURN, & BACK/KICK STEP, ¼ PIVOT TURN

&1-2-3-4 Quickly step back on right, low kick left forward, step down on left, step right forward turning ½ turn left on count four
&5-6-7-8 Quickly step back on left, low kick right forward, step down on right, step left forward and turn ¼ turn right transfer weight to right

REPEAT

RESTART

Restart on 3rd wall after 40 counts. So that you can start the dance on the 4th wall do counts 7,8 turning ½ turn right step left back, step right back