Any Man (Will Do)



拍數: 28 牆數: 4 級數: Intermediate

編舞者: Dana Fassett (USA)

音樂: Any Man of Mine - Shania Twain



For the first 32 counts, we do a 4 count series of stomp-stomp-clap-hold, doing the series 8 times.

STEP RIGHT WITH SHIMMY, STEP LEFT WITH SHIMMY

1-2 Step side right, touch left foot next to right. Shimmy as weight shifts to right foot 3-4 Step side left, touch right foot next to left. Shimmy as weight shifts to left foot

KICK, ½ TURN, RIGHT STOMP, ¼ TURN, STOMP LEFT & RIGHT, 2 SCOOTS

5 Kick right forward

& Pivot ½ turn to the right on ball of left foot (the right foot swings under you like a pendulum as

it goes from pointing at wall 1 to pointing at the opposite wall, ending up forward of your body

as it was when you started the pivot.)

6 Stomp forward on right

& Pivot ¼ turn to the left on ball of right foot7& Stomp left in place, stomp right in place

8& Hop forward on both feet, hop forward on both feet

MONTEREY, ELECTRIC SLIDE ROCKS & 1/4 TURN TO THE RIGHT

9 Touch right to right side

&10 Spin ½ turn to the left on left foot, touch right foot to side

11-12 Step back onto right foot, touch left heel front 13-14 Rock forward onto left foot, touch right toes back

15-16 Step back onto right, turn ½ turn to the right, touch left foot next to right

VINE AND REVERSE BOX TURN

17-20 Vine left with kick (left to side, right behind left, left to side, kick right foot forward)

21 Step right to side

22 Step left foot behind right foot with ¼ turn to the left 23 Step right foot ahead of left foot with ¼ turn to the left 24 Step left foot behind right foot with ¼ turn to the left

CAMEL WALK TO RIGHT WITH LEFT SCUFF:

25 Step right foot forward to right

& Step left foot behind and to the right of the right foot (like a lock step)

26 Step right foot forward to right & Scuff left foot beside right

CAMEL WALK TO LEFT WITH RIGHT SCUFF:

27 Step left foot forward to left

& Step right foot behind and to the left of the left foot (like a lock step)

28 Step left foot forward to left & Scuff right foot beside left

REPEAT