

# Anton, Anton

拍數: 64      牆數: 4      級數: Intermediate  
編舞者: Michele Perron (CAN) & Neil Hale (USA)  
音樂: Anton Aus Tirol - D.J. Otzi



## TRIPLES FORWARD RIGHT, LEFT; FORWARD, TURN, DIP, TURN

- 1&2      Right triple forward (right step forward, left step together; right step forward)
- 3&4      Left triple forward (left step forward, right step together, left step forward)
- 5-6      Right step forward; execute  $\frac{1}{4}$  turn left with heel 'pops' (feet are apart)
- 7      Bend both knees
- 8      Execute  $\frac{1}{4}$  turn left with left toe pull back (left flex foot pos., left heel on floor, knees are straight) (weight ends on right) (6:00)

## TRIPLES FORWARD LEFT, RIGHT; FORWARD, TURN, DIP, TURN

- 1&2      Left triple forward (left, right, left)
- 3&4      Right triple forward (right, left, right)
- 5-6      Left step forward; execute  $\frac{1}{4}$  turn right with heel 'pops' (feet apart)
- 7      Bend both knees
- 8      Execute  $\frac{1}{4}$  turn right, with right toe pull back (right flex foot pos., right heel on floor, knees are straight) (weight ends on left) (12:00)

## TRIPLE FORWARD, SCUFF-HITCH-STEP: REPEAT

- 1&2      Right triple forward (right step forward, left step together, right step forward)
- 3&4      Left scuff forward, left knee hitch with right scoot forward, left step forward
- 5&6      Right triple forward (right step forward, left step together, right step forward)
- 7&8      Left scuff forward, left knee hitch with right scoot forward, left step forward

## FORWARD/ROCK, BACK/ROCK, FORWARD, KICK, STEP, TURN/HITCH

- 1-2      Right step forward; left rock/step back
- 3-4      Right step back; left rock/step forward
- 5-6      Right step forward; left low kick forward (bend right knee)
- 7-8      Left step back; execute  $\frac{1}{4}$  turn right with right knee hitch (3:00)

## TRIPLE SIDE, CROSS/ROCK, TRIPLE SIDE, PIVOT TURN

- 1&2      Right triple to side right (right, left, right)
- 3-4      Left cross step in front of right; right rock/step back
- 5&6      Left triple to side left with  $\frac{1}{4}$  turn left
- 7-8      Right step forward; execute  $\frac{1}{2}$  turn left, weight on left (6:00)

## TOUCH, TOUCH, BEHIND, UNWIND, CROSS/SIDE, CROSS/SIDE, CROSS, SIDE

- 1-2      Right touch forward; right touch to side right
- 3-4      Right cross behind left; unwind  $\frac{1}{2}$  turn right with right heel drop and left heel pop up (weight on right)

### On the next four counts, execute $\frac{1}{2}$ turn right

- 5&      Left cross step in front of right, right step to side right
- 6&      Left cross step in front of right, right step to side right
- 7-8      Left cross step in front of right, right step to side right (you have completed  $\frac{1}{2}$  turn right) (6:00)

## CROSS, ROCK, SIDE, CROSS, ROCK, FORWARD, FORWARD, TURN

- 1-2      Left cross/step in front of right; right recover/step back
- 3-4      Left step to side left; right cross/step in front of left

- 5-6 Left recover/step back; execute  $\frac{1}{4}$  turn right and right step forward (9:00)  
7-8 Left step forward; execute  $\frac{1}{2}$  turn right, weight ends right (3:00)

**FORWARD/ROCK, BACK/ROCK, FORWARD/ROCK, COASTER STEP**

- 1-2 Left step forward; right recover/step back  
3-4 Left step back; right recover/step forward  
5-6 Left step forward: right recover/step back  
7&8 Left step back, right step beside left, left step forward

**REPEAT**

---