

Anton, Anton

拍數: 64 牆數: 4 級數: Intermediate
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音樂: Anton Aus Tirol - D.J. Otzi



TRIPLES FORWARD RIGHT, LEFT; FORWARD, TURN, DIP, TURN

- 1&2 Right triple forward (right step forward, left step together; right step forward)
- 3&4 Left triple forward (left step forward, right step together, left step forward)
- 5-6 Right step forward; execute $\frac{1}{4}$ turn left with heel 'pops' (feet are apart)
- 7 Bend both knees
- 8 Execute $\frac{1}{4}$ turn left with left toe pull back (left flex foot pos., left heel on floor, knees are straight) (weight ends on right) (6:00)

TRIPLES FORWARD LEFT, RIGHT; FORWARD, TURN, DIP, TURN

- 1&2 Left triple forward (left, right, left)
- 3&4 Right triple forward (right, left, right)
- 5-6 Left step forward; execute $\frac{1}{4}$ turn right with heel 'pops' (feet apart)
- 7 Bend both knees
- 8 Execute $\frac{1}{4}$ turn right, with right toe pull back (right flex foot pos., right heel on floor, knees are straight) (weight ends on left) (12:00)

TRIPLE FORWARD, SCUFF-HITCH-STEP: REPEAT

- 1&2 Right triple forward (right step forward, left step together, right step forward)
- 3&4 Left scuff forward, left knee hitch with right scoot forward, left step forward
- 5&6 Right triple forward (right step forward, left step together, right step forward)
- 7&8 Left scuff forward, left knee hitch with right scoot forward, left step forward

FORWARD/ROCK, BACK/ROCK, FORWARD, KICK, STEP, TURN/HITCH

- 1-2 Right step forward; left rock/step back
- 3-4 Right step back; left rock/step forward
- 5-6 Right step forward; left low kick forward (bend right knee)
- 7-8 Left step back; execute $\frac{1}{4}$ turn right with right knee hitch (3:00)

TRIPLE SIDE, CROSS/ROCK, TRIPLE SIDE, PIVOT TURN

- 1&2 Right triple to side right (right, left, right)
- 3-4 Left cross step in front of right; right rock/step back
- 5&6 Left triple to side left with $\frac{1}{4}$ turn left
- 7-8 Right step forward; execute $\frac{1}{2}$ turn left, weight on left (6:00)

TOUCH, TOUCH, BEHIND, UNWIND, CROSS/SIDE, CROSS/SIDE, CROSS, SIDE

- 1-2 Right touch forward; right touch to side right
- 3-4 Right cross behind left; unwind $\frac{1}{2}$ turn right with right heel drop and left heel pop up (weight on right)

On the next four counts, execute $\frac{1}{2}$ turn right

- 5& Left cross step in front of right, right step to side right
- 6& Left cross step in front of right, right step to side right
- 7-8 Left cross step in front of right, right step to side right (you have completed $\frac{1}{2}$ turn right) (6:00)

CROSS, ROCK, SIDE, CROSS, ROCK, FORWARD, FORWARD, TURN

- 1-2 Left cross/step in front of right; right recover/step back
- 3-4 Left step to side left; right cross/step in front of left

- 5-6 Left recover/step back; execute $\frac{1}{4}$ turn right and right step forward (9:00)
7-8 Left step forward; execute $\frac{1}{2}$ turn right, weight ends right (3:00)

FORWARD/ROCK, BACK/ROCK, FORWARD/ROCK, COASTER STEP

- 1-2 Left step forward; right recover/step back
3-4 Left step back; right recover/step forward
5-6 Left step forward: right recover/step back
7&8 Left step back, right step beside left, left step forward

REPEAT
