

Ann's Day

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Ian Grey (UK)
音樂: Day Off - Ronnie McDowell



RIGHT SHUFFLE, LEFT SHUFFLE, RIGHT SHUFFLE, LEFT SHUFFLE (IN PLACE)

1&2 Make quarter turn to left on right foot and shuffle in place right, left, right
3&4 Make half turn to right on left foot and shuffle in place left, right, left
5&6 Make half turn to left on right foot and shuffle in place right, left, right
7&8 Make quarter turn to right on left foot and shuffle in place left, right, left

KICK, TOUCH, CROSS, UNWIND, CROSS OVER SHUFFLE

9&10 Kick right forward, back to place, while touching left out to side
11-12 Cross left over right, unwind half turn to right
13-14& Step right over left. Bring left foot up to right, while stepping to left with right

LEFT VINE, WITH JUMP, TOUCH, UNWIND

15-16 Step left to side, step right behind left
&17-18 Step left to side, jumping right over left. Touch left to side
19-20 Cross left over right, unwind half turn to right

KICK, TOUCH, CROSS, UNWIND, CROSS OVER SHUFFLE

21&22 Kick left forward, back to place, while touching right out to side
23-24 Cross right over left, unwind half turn to left
25-26& Step left over right. Bring right up to left, while stepping to right with left

RIGHT VINE, WITH JUMP, TOUCH, UNWIND

27-28 Step right to side, step left behind right
&29-30 Step right to side, jumping left over right. Touch right to side
31-32 Cross right over left, unwind half turn to left

LEFT SHUFFLE, RIGHT SHUFFLE, LEFT SHUFFLE, RIGHT SHUFFLE

33&34 Left shuffle forward (at angle of 45 to right) left, right, left
35&36 Right shuffle forward (at angle of 45 to left) right, left, right
37&38 Left shuffle forward (at angle of 45 to right) left, right, left
39&40 Right shuffle forward (at angle of 45 to left) right, left, right

KICK, TURN, TOUCH, JUMP, CLAP, JUMP, CLAP, JUMP, JUMP

41 Kick left forward
42 Turn half turn to right on ball of right foot and touch left next to right
43-44-45-46 Jump out, (right left), clap. Jump in, (right left), clap
47-48 Jump out (right left), jump in (right left).

RIGHT HEEL STRUT, LEFT HEEL STRUT, RIGHT HEEL STRUT, LEFT HEEL STRUT

49-50-51-52 Right heel strut. Left heel strut
53-54-55-56 Right heel strut. Left heel strut

JAZZ BOX WITH ¼ TURN RIGHT, JAZZ BOX

57-58 Cross right over left, step back on left
59-60 Step right quarter turn to right, step left next to right
61-62 Cross right over left, step back on left

63-64

Step right to side, step left next to right

REPEAT
