

Animals

COPPER **NOB**
BY STEPHEN

拍數: 80 牆數: 4 級數: Intermediate
編舞者: Michael Vera-Lobos (AUS)
音樂: The Animal Song - Savage Garden



ROCK FORWARD, ROCK BACK, ROCK SIDE, REPLACE, CROSS SHUFFLE, STEP SIDE CENTER CROSS

1-4 Rock forward right, rock back onto left, rock/step right to right rock weight to center
5&6 Cross shuffle right over left stepping right-left-right
7&8 Step left to left, step right to center, cross left over right

STEP SIDE, CROSS BEHIND, TURN ¼ ON RIGHT, TURN ½ ON LEFT, ½ TURN SHUFFLE, SIDE & CROSS

1-4 Step right to right, cross step left behind right, step onto right turning ¼ turn right, step forward left turning ½ turn right
5&6 Turning a further ½ turn right shuffle forward right stepping right-left-right
7&8 Step left to left, step right to center, cross/step left over right

STEP SIDE, ¼ PIVOT, LEFT COASTER STEP, RIGHT HEEL, LEFT HEEL & STEP ¼ PIVOT

1-2 Step right to right, pivot ¼ turn left on ball of feet (end weight on right)
3&4 Left coaster - step back on left, step right beside left step forward on left
5&6 Touch right heel forward, jump right to center & touch left heel forward
&7-8 Jump left to center & step forward on right, pivot ¼ turn left (end weight on left)

CROSS SAMBA, CROSS SAMBA, STEP FORWARD, TURN ½ TURN ½ POINT LEFT TO LEFT

1&2 Traveling forward samba - cross right over left, step left to left step right to center
3&4 Traveling forward samba - cross left over right, step right to right step left to center
5-8 Step forward right, step forward left turning ½ turn right step back on right turning ½ turn right, point left toe to left

& POINT, ¼ MONTEREY, POINT LEFT, CROSS RIGHT, SIDE SHUFFLE RIGHT ½ HINGE SIDE SHUFFLE LEFT

&1-2 Jump left to center & point right to right, turn ¼ turn right stepping right beside left
3-4 Touch left toe to left side, cross/step left over right
5&6 Side shuffle right right-left-right
&7&8 Turn ½ turn right & side shuffle left left-right-left

CROSS BEHIND, ¼ STEP, STEP FORWARD, ½ PIVOT SHUFFLE FORWARD RIGHT SHUFFLE FORWARD LEFT

1-4 Cross step right behind left, turn ¼ turn left stepping forward on left, step forward on right, pivot ½ turn left
5&6 Shuffle forward right (right-left-right)
7&8 Shuffle forward left (left-right-left)

LOW KICK FORWARD TO SIDE, ½ TRIPLE, LOW KICK FORWARD TO SIDE, ½ TRIPLE

1-2 Low right kick forward, kick to right side
3&4 Triple step ½ turn stepping right-left-right (full turn optional)
5-6 Low left kick forward, kick to left side
7&8 Triple step ½ turn stepping left-right-left (full turn optional)

RIGHT HEEL BALL STEP, STEP FORWARD ¼ PIVOT, RIGHT HEEL BALL STEP STEP FORWARD ¼ PIVOT

- 1&2 Touch right heel forward, step ball of right beside left & step forward left
3-4 Step forward right, pivot ¼ turn left
5&6 Touch right heel forward, step ball of right beside left & step forward left
7-8 Step forward right, pivot ¼ turn left

DOUBLE KICK FORWARD, KICK SIDE, KICK FORWARD, BALL CHANGE TWIST ¼, TWIST ¼, STEP

- 1-4 Double kick right foot forward, kick right to right side kick right foot forward
&5 Ball change stepping right-left (ending with feet apart, right foot back & left foot forward, weight right)
6-7 On balls of feet swivel heels ¼ turn left, swivel heels ¼ turn right (end weight on right)
&8 Ball step traveling forward, step ball of left beside right push off & step forward onto right

DOUBLE KICK FORWARD, KICK SIDE, KICK FORWARD, BALL CHANGE TWIST ¼, TWIST ¼, STEP

- 1-4 Double kick left foot forward, kick left to left side kick left foot forward
&5 Ball change stepping left-right (ending with feet apart, left foot back & right foot forward, weight right)
6-7 On balls of feet swivel heels ¼ turn right, swivel heels ¼ turn left (end weight on right)
8 Step forward on left

REPEAT
