

Animal!

拍數: 48 牆數: 0 級數:
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音樂: The Animal Song - Savage Garden



While moving your hands up and down like beating a drum. For those with real animalistic desires, beat on your chest. You are Tarzan

- 1-2 Step right to right while bumping hip to right, bump hip to right
- 3-4 Step left next to right, bump hip to right
- 5-8 Repeat 1-4

While moving your hands up and down like beating a drum

- 1-2 Step left to left while bumping hip to left, bump hip to left
- 3-4 Step right next to left, bump hip to left
- 5-8 Repeat 1-4

FULL RIGHT TURN WHILE STEPPING RIGHT LEFT RIGHT, STOMP LEFT

Wiggle your body and swing in the vines

- 1-4 Moving forward make a full turn to right (right, left, right) stomp left next to right
- 5-8 With your hands up in front of you like swinging in the vines wiggle your body

STEP BACK AT RIGHT ANGLE RIGHT - TOUCH LEFT, STEP BACK AT LEFT ANGLE LEFT TOUCH RIGHT TWICE

- 1-2 Step back at right angle with right, touch left next to right
- 3-4 Step back at left angle with left, touch right next to left
- 5-6 Step back at right angle with right, touch left next to right
- 7-8 Step back at left angle with left, touch right next to left

This is a great place to do the monkey walk with arms hanging like a monkey

HEEL CROSS ¼ TURN LEFT, KICK RIGHT WHILE CLAPPING - WALK BACK RIGHT LEFT RIGHT, TOUCH LEFT NEXT TO RIGHT

- 1-2 Touch right heel forward - cross right over left touching right toe next to left
- 3-4 Unwind making ¼ turn left - kick right forward while clapping
- 5-8 Walk backwards right - left - right - touch left next to right

SHUFFLE FORWARD AT ANGLE LEFT-RIGHT-LEFT, RIGHT-LEFT-RIGHT, LEFT-RIGHT-LEFT - STOMP RIGHT, STOMP LEFT

- 1&2 Shuffle forward at left angle towards 10:30 - left-right-left
- 3&4 Shuffle forward at right angle towards 1:30 - right-left-right
- 5&6 Shuffle forward at left angle towards 10:30 - left-right-left
- 7-8 While straightening up to face front wall - stomp right - then stomp left next to right

REPEAT