

Angels

COPPER KNOB
BY STEPHEN METELNICK

拍數: 100 牆數: 2 級數: Improver
編舞者: Peter Metelnick (UK) & Alison Metelnick (UK)
音樂: Angels (7" Radio Mix) (feat. Charlie) - Utopia



RIGHT & LEFT ROCK & CROSS, RIGHT FORWARD, ½ LEFT PIVOT TURN, RIGHT FORWARD SHUFFLE

1&2-3&4 Right side rock, left recover, right cross over, left side rock, right recover, left cross over
5-6-7&8 Right forward, pivot ½ left, step right forward, step left together, step right forward

LEFT & RIGHT ROCK & CROSS, LEFT FORWARD, ¼ RIGHT PIVOT TURN, LEFT CROSS SHUFFLE

1&2-3&4 Left side rock, right recover, left cross over, right side rock, left recover, right cross over
5-6-7&8 Left forward, pivot ¼ right, left cross over, right side, left cross over

VINE RIGHT 2, ¼ RIGHT SHUFFLE, LEFT FORWARD, ½ RIGHT PIVOT TURN, LEFT FORWARD SHUFFLE

1-2-3&4 Right side, left cross behind, right side, left together, turning ¼ right step right forward
5-6-7&8 Left forward, pivot ½ right, left forward, right together, left forward

RIGHT FORWARD ROCK & RECOVER, RIGHT TOGETHER, LEFT HEEL FORWARD, HOLD, LEFT TOGETHER, RIGHT FORWARD, ½ LEFT PIVOT TURN, RIGHT FORWARD SHUFFLE

1-2&3-4 Rock right forward, recover left, right together, left heel forward, hold
&5-6-7&8 Left together, right forward, pivot ½ left, right forward, left together, right forward

RIGHT FULL TURN FORWARD (OR WALK FORWARD 2), LEFT FORWARD ROCK & RECOVER, LEFT TOGETHER, RIGHT HEEL FORWARD, HOLD, RIGHT TOGETHER, LEFT FORWARD, ¼ RIGHT PIVOT TURN

1-4 Turning ½ right step left back, turning ½ right step right forward, rock left forward, right recover (easier option for 1-2: walk forward left, right)
&5-6&7-8 Left together, right heel forward, hold, right together, left forward, pivot ¼ right

WEAVE RIGHT 2, LEFT BEHIND-SIDE-CROSS, RIGHT SIDE ROCK & RECOVER TURNING ¼ LEFT, RIGHT FORWARD SHUFFLE

1-2-3&4 Left cross over, right side, left cross behind, right side, left cross over
5-6-7&8 Right side rock, left recover turning ¼ left, right forward, left together, right forward

WALK FORWARD 2, SYNCOPATED LEFT STEP PIVOT STEP, RIGHT FORWARD, LEFT FORWARD SCUFF, LEFT SYNCOPATED JAZZ BOX

1-2-3&4 Walk forward left & right, left forward, pivot ½ right, left forward
5-6-7&8 Right forward, scuff left forward, left cross over, right back, left side

RIGHT CROSS ROCK & RECOVER, RIGHT SIDE SHUFFLE, LEFT CROSS ROCK & RECOVER, ¼ LEFT SHUFFLE

1-2-3&4 Right cross rock, left recover, right side, left together, right side
5-6-7&8 Left cross rock, right recover, turning ¼ left left forward, right together, left forward

WALK FORWARD 2, SYNCOPATED RIGHT STEP PIVOT STEP, LEFT FORWARD, RIGHT FORWARD SCUFF, RIGHT SYNCOPATED JAZZ BOX

1-2-3&4 Walk forward right & left, right forward, pivot ½ left, right forward
5-6-7&8 Left forward, scuff right forward, right cross over, left back, right side

LEFT CROSS ROCK & RECOVER, LEFT SIDE SHUFFLE, RIGHT CROSS ROCK & RECOVER, ¼ RIGHT SHUFFLE

1-2-3&4 Left cross rock, right recover, left side, right together, left side

5-6-7&8 Right cross rock, left recover, turning $\frac{1}{4}$ right right forward, left together, right forward

LEFT FORWARD, $\frac{1}{4}$ RIGHT MONTEREY, LEFT CROSS OVER, RIGHT SIDE POINT, RIGHT BEHIND-SIDE-CROSS

1-4 Left forward, right side point, turning $\frac{1}{4}$ right right together, left side point

5-6-7&8 Left cross over, right side point, right cross behind, left side, right cross over

LEFT SIDE ROCK & RECOVER, LEFT BEHIND-SIDE- $\frac{1}{4}$ RIGHT - LEFT FORWARD

1-2-3&4 Left side rock, right recover, left cross behind, turning $\frac{1}{4}$ right step right forward, left forward

5-6-7&8 Right forward, left forward, right forward, pivot $\frac{1}{2}$ left, right forward

$\frac{1}{2}$ RIGHT PIVOT TURN, LEFT FORWARD SHUFFLE

1-2-3&4 Left forward, pivot $\frac{1}{2}$ right, left forward, right together, left forward

REPEAT
