Angel's Rock



拍數: 48 編數: Intermediate/Advanced

編舞者: Angela St. Onge (USA) 音樂: Rodeo Rock - Jimmy Collins



TOE/HEEL, TRIPLE STEPS:

1 Right toe-tap near left instep (heel aiming 4 o'clock)
2 Right heel touch near left toe (toe aiming 2 o'clock)

3&4 Triple step in place: right, left, right

JUMPING JACK, UNWIND, CLAP:

5-6 Jumping jack: jump feet shoulder-width apart jump right crossing in front of left

7 In 1 count, unwind full turn to the left (facing original wall (12 o'clock))

8 Clap

RIGHT STOMP, JUMP, HIP PUSHES:

1-2 Right stomp to the right. Hold

&3-4 Left step near right. Right stomp to the right. Clap

5 Extend fists (thumb-to-thumb) forward diagonal left with hip push right

6 Shift fists to forward diagonal right with hip push left 7 Shift fists straight forward a with pelvic push back

8 Pull fists back with pelvic push forward

LEFT STOMP, JUMP, HIP PUSHES:

1-2 Left stomp to the left. Hold

&3-4 Right step near left. Left stomp to the left. Clap

5 Extend fists (thumb-to-thumb) forward diagonal left with hip push right

6 Shift fists to forward diagonal right with hip push left 7 Shift fists straight forward a with pelvic push back

8 Pull fists back with pelvic push forward

"AIR LASSO". SCUFF, TURN, BRUSH, CLAP:

1-4 With left arm extended forward right hand high above head ("air lasso"), rotate hips right arm

to the left: right and forward. Left and back. Right and forward. Left and back

5 Right heel scuff forward

6 Pivot ¼ to the left on left sole (facing 9 o'clock) as right sole brushes back

7-8 Right stomp near left. Clap

ROCKS, SWIVEL STEPS:

1& Rock forward on right. Rock onto left2& Rock back on right. Rock onto left

3 Rock forward on right

&4 Swivel right toe and left heel out. Then return in

5& Rock back on right. Rock onto left6& Rock forward on right. Rock onto left

7 Rock back on right

&8 Swivel right toe and left heel out. Then return in

RIGHT VINE, HIP BUMPS, STAMP:

1-4 Right vine ending with left stamp (no weight) near right (extend fists (thumb-to-thumb)forward

during next 4 counts)

- 5 Left step slightly left (equal weight) with right hip push and shoulders tilting right
- 6 Left hip push with shoulders tilting left
- 7 Right hip push with shoulders tilting right
- 8 Right stamp (no weight) near left

REPEAT