

Angel Heart

COPPER KNOB
STEPPERS

拍數: 64 牆數: 4 級數: Advanced
編舞者: Rachel Lawson (AUS)
音樂: If My Heart Had Wings - Faith Hill



- 1-4 Walk forward right-left-right-left - stepping each foot to center
5&6 ¼ turn right, shuffle to right side right-left-right
7&8 Shuffle left-right-left ¾ turn right
- 1-2 Rock back onto right, forward onto left
3&4 Shuffle forward right-left-right
5-6 Full turn right stepping left-right
7-8 ¾ turn right stepping left-right (facing 9:00)
- 1&2 Shuffle forward left-right-left
3-4 Full turn left stepping right-left
5-6 Step right forward, pivot ½ turn left transferring weight to left foot
7&8 Right lock shuffle forward to right 45
- 1&2 Left lock shuffle forward to left 45
3-4 ½ turn left stepping right foot back, ½ turn left stepping & turning on ball of left foot
5&6 Right lock shuffle back to right 45
7&8 Left lock shuffle back to left 45
- 1-2 Rock back right, rock forward left
3-4 Step right back turning ¼ left, continue turning left, ½ turn stepping left forward
5&6 Shuffle forward right-left-right
7&8 Shuffle left-right-left to left side
- 1&2 Step right behind left, step left to side, step right to center (sailor)
3-4 Cross left behind right, unwind ¾ turn left weight on left
5-6 Rock forward onto right, rock back onto left
7&8 1 ½ turn right stepping right-left-right
- 1&2 Full turn left stepping left-right-left
3-4 Step right forward, pivot ½ left (weight on left)
5-6 Twist ½ turn right, twist ½ turn left
7&8 ½ turn right stepping onto right, pivot ½ turn right on left foot, step forward on right foot
- 1&2 Step left forward turning ¼ left, ½ turn left on ball of right foot, ½ turn left on ball of left foot
3-4 Rock back onto right, rock forward onto left
5-6 Rock back onto right, rock forward onto left
7-8 ¼ turn left on ball of left foot, rock onto right foot, rock back onto left

REPEAT

RESTARTS

- Wall 2 - dance 18 counts as per sheet, ½ turn left (count 19,20) restart wall 3 facing back wall
Wall 4 - dance 34 counts as per sheet, ½ turn left stepping right back, ½ turn left stepping left forward, restart dance facing front wall
Wall 6 - dance 50 counts as per sheet, rock forward right, rock back onto left, restart dance facing back wall

