

Angel

COPPER KNOB
STEPSHETS

拍數: 32 牆數: 4 級數: Advanced
編舞者: Linda Burgess (AUS)
音樂: Angel - Gina Jeffreys



STEP, STEP, ROCK & TURN, STEP TURN, CROSS STEP CROSS

- 1-2-3&4 Step forward right, step forward left, rock forward right, rock back left, turn ¼ turn right, step forward right
- 5-6-7&8 Step forward left, pivot ½ turn right (weight right), cross left over right, step right to right side, cross left over right (not shuffling)

ROCK, ROCK, SAILOR TURN, TURN STEP BACK, BACK, COASTER TURN

- 1-2-3&4 Step/rock right to side pushing hips right, replace weight to left pushing hips left, cross right behind left, turn ¼ turn left & step forward left, step forward right
- 5-6-7&8 Turn ½ turn left & step back left, step back right, left coaster turning ½ turn left

ROCK, ROCK, COASTER TURN, ROLL FORWARD, HOLD, ROLL FORWARD

- 1-2-3&4 Step/rock right to side pushing hips right, rock/replace weight to left side pushing hips left, right coaster turning ½ turn right
- 5-6 Turn ½ turn right as you step back on left, turn ½ turn right step right forward
- 7 Hold
- &8 Turn ½ turn right as you step back on left, turn ½ turn right & step forward right (note: last turn is quick)

SIDE ROCK, BACK ROCK, STEP TURN, STEP TURN, STEP TURN

- 1-2&3-4 Step/rock left to left, replace weight to right, hop weight onto left, step/rock back right (keeping left heel forward), rock/step forward left
- 5-6&7&8 Step forward right, pivot ½ turn left (weight on left), step forward right, pivot ½ turn left (weight on left, step forward right, pivot ¼ turn left (weigh on left))
- One slow turn, 2 quick

REPEAT

RESTART

On wall 4 only, dance up to count 8, then restart dance. You should be facing the front.