

# Amour (P)

拍數: 44      牆數: 0      級數: Partner  
編舞者: Pat Griffiths (UK) & Sue Griffiths (UK)  
音樂: Pack Up Your Lies And Go - Celinda Pink



**Position: Mans on the outside circle facing inwards. Lady on the inside circle facing outwards. Hold hands facing each other**

## MAN'S STEPS

- 1 Left foot step to left
- 2 Right foot place next to left
- 3 Left foot step to left
- 4 Right foot touch next to left

**Move arms in a gentle cycle motion while stepping on counts 5-8 for a rumba movement**

- 5 Right foot step forward
- 6 Left foot step forward
- 7 Right foot step forward
- 8 Left foot place next to right

- 9 Right foot step to right
- 10 Left foot place next to right
- 11 Right foot step to right
- 12 Left foot touch next to right

**Move arms in a gentle cycle motion while stepping on counts 13-16 for a rumba movement**

- 13 Left foot step back
- 14 Right foot step back
- 15 Left foot step back
- 16 Right foot place next to left

- 17 Left foot step to left
- 18 Right foot touch next to left
- 19 Right foot step to right
- 20 Left foot touch next to right
- 21 Left foot step to left
- 22 Right foot step behind left
- 23 Left foot  $\frac{1}{4}$  turn to left
- 24 Right foot step forward

- 25 Pivot  $\frac{1}{2}$  turn to left
- 26 Right foot  $\frac{1}{4}$  turn left
- 27 Left foot step behind right
- 28 Right foot  $\frac{1}{4}$  turn left

**Raise left arm level at waist height raise right arm level at waist height**

- 29 Left foot step forward
- 30 Right foot slide up to left
- 31 Left foot step forward
- 32 Right foot slide up to left

- 33 Left foot step forward
- 34 Right foot scuff side of left
- 35&36 Right shuffle forward

- 37&38 Left shuffle forward
- 39&40 Right shuffle sideways to line of dance facing inwards  
41&42 Left shuffle sideways to line of dance facing outwards
- 43 Right foot step to right side  
44 Left foot touch next to right

## REPEAT

### LADY'S STEPS

- 1 Right foot step to right  
2 Left foot place next to right  
3 Right foot step to right  
4 Left foot touch next to right
- Move arms in a gentle cycle motion while stepping on counts 5-8 for a rumba movement**
- 5 Left foot step back  
6 Right foot step back  
7 Left foot step back  
8 Right foot place next to left
- 9 Left foot step to left  
10 Right foot place next to left  
11 Left foot step to left  
12 Right foot touch next to left
- Move arms in a gentle cycle motion while stepping on counts 13-16 for a rumba movement**
- 13 Right foot step forward  
14 Left foot step forward  
15 Right foot step forward  
16 Left foot place next to right
- 17 Right foot step to right  
18 Left foot touch next to right  
19 Left foot step to left  
20 Right foot touch next to left  
21 Right foot step to right  
22 Left foot step behind right  
23 Right foot ¼ turn to right  
24 Left foot step forward
- Lady drop right hand man drop left hand**
- 25 Pivot ½ turn to right  
26 Left foot ¼ turn right  
27 Right foot step behind left  
28 Left foot ¼ turn right  
Raise left arm level at waist height raise right arm level at waist height
- 29 Right foot step forward  
30 Left foot slide up to right  
31 Right foot step forward  
32 Left foot slide up to right
- 33 Right foot step forward  
34 Left foot scuff side of right  
35&36 Left shuffle forward  
37&38 Right shuffle forward

39&40            Left shuffle sideways to line of dance facing inwards  
41&42            Right shuffle sideways to line of dance facing outwards  
**Both lady and man face each other and join hands**  
43                Left foot step to left side  
44                Right foot touch next to left

**REPEAT**

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