

American Pop

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 1 級數: Intermediate / Advanced
編舞者: Michele Burton (USA)
音樂: Shake Your Groove Thing - Peaches & Herb



Thinking of the great times with "Crazy Feet Toyko" and American Pop Night

WALK WALK WALK KICK LEFT, ¼ LEFT SYNCOPATED VINE

- 1-4 Step right forward, step left forward, step right forward, kick left foot on forward left diagonal (body angles left)
5-6&7-8 ¼ turn left, step left side left, step right behind left, step left side left, step right in front of left, step left on left diagonal

CROSS TOUCH BEHIND & KICK AND CROSS, ¼ TURN ¼ TURN, SAILOR ¼ TURN

- 1-2 Step right in front of left (body on left diagonal), touch left toe behind right heel
&3&4 Step back on left foot, kick right foot forward, step back on right foot, step left foot in front of right
5-6 ¼ turn right, stepping right foot forward, ¼ turn right, stepping left foot to left
7&8 Step right behind left, ¼ turn right, stepping back on left, cross right over left

SYNCOPATED VINE, CROSS TOUCH BEHIND & KICK AND CROSS

- 1-2&3-4 Step left side left, step right behind left, step left side left, step right in front of left, step left on left diagonal
5-6 Step right foot in front of left (body on left diagonal), touch left toe behind right heel
&7&8 Step back on left foot, kick right foot forward, step back on right foot, step left foot in front of right

¼ TURN (RIGHT) ½ TURN (RIGHT), COASTER STEP, WALK WALK WALK, ¼ TURN REPLACE

- 1-2 ¼ turn right, stepping forward on right, ½ turn right, stepping back on left
3&4 Step back on right foot, step left beside right, step forward on right foot
5-8 Step left forward, step right forward, step left forward, turn ¼ right, stepping onto right as left foot kicks (low) to left side

CROSS, ¼ BACK, ¼ TURN SHUFFLE (CONTRA BODY ½ TURN LEFT), ROCK RETURN SHUFFLE RIGHT

- 1-2 Step left in front of right (looking over left shoulder), ¼ turn left, stepping back on right
3&4 ¼ turn left, stepping left side left, step right beside left, step left foot side left
5-7&8 Step right foot in front of left, return weight to left foot, step right foot to right, step left beside right, step right foot to right

MODIFIED JAZZ BOX, STEP TOUCH STEP TOUCH (SIDE BODY ROLLS)

- 1-4 Cross left foot over right, step back on right foot, step left foot back on left diagonal, cross right foot over left
5-8 Step left to left, touch right in place, step right in place, touch left in place

STEP HOLD (LOOK LEFT, HAND THROW), ¼ RIGHT, ¼ RIGHT, SAILOR STEP, SAILOR FORWARD

- 1-4 Step left in place, hold while looking left, toss hands left (hands optional), ¼ turn right, stepping forward on right, ¼ turn right, stepping left side left
5&6 Step right behind left, step left beside right, step right to right
7&8 Step left behind right, step right beside left, step left forward

WALK WALK, FORWARD ½ PIVOT, STEP FORWARD TOUCH, STEP BACK TOUCH

- 1-4 Step forward on right, step forward left, step forward right, ½ pivot left, shifting weight to left

REPEAT**TAG**

When using the music, Shake Your Groove Thing, do the last 4 counts of the dance two times at end of the first wall.

There are various mixes of the Peaches And Herb song available. You want the one that starts with a light beat and a high voice singing "There's nothing more that I'd like to do, than take the floor and dance with you." As soon as they finish "Keep dancing. Let's keep dancing..." you will hear the strong beat kick in. That's when you start dancing. You will know you've got it right if the tag occurs just as the singers sing "Show 'em how you do it now. Show 'em how you do it now."

If you have a version of the song that starts right at the beginning with "Shake your groove thing", then you have already missed the correct entrance. Wait for the lyrics from the tag and start right after that, and then eliminate the tag.
