

American Pie 2000

COPPERKNOB
STEPSHEETS

拍數: 0 牆數: 2 級數: Intermediate
編舞者: Roland (Gutz) Gutzwiller (CH)
音樂: American Pie - Madonna



Sequence: AAAABCDE, AAAABCDE, EBCDE, EB

Skip the vocal introduction and then start after the instrumental introduction (32 counts - which is just before the vocals start)

PART A

(Verse 1&2, danced 4 times)

RIGHT KICKBALL CHANGE, RIGHT FORWARD ½ TURN LEFT (6:00), SIDE SHUFFLE RIGHT, ¼ LEFT COASTER (3:00)

1&2 Kick forward right & step down on ball of right, change weight to left
3-4 Step forward on right, turn ½ to the left
5&6 Step side right & bring left next to right, step side right
7&8 Pivot ¼ turn left and step left back & step right beside left, step left forward

FORWARD RIGHT, LEFT, TURN 1/8 LEFT (2:00) RIGHT KICKBALL CHANGE

9-10 Step forward on right, left
11&12 Turning 1/8 left kick forward right & step down on ball of right, change weight to left

RUNNING STEP BALLS (TOWARDS 3:00) BODY POSITION DIAGONAL (2:00)

13&14 Step side on right & step ball of left next to right, step side right
&15&16 Step ball of left next to right, step side right & step ball of left next to right, step side on right

LEFT KICKBALL CHANGE ¼ TURN RIGHT(4:00), LEFT KICKBALL CHANGE

17&18 Kick forward left & step down on ball of left, step right to right while turning ¼ to the right
19&20 Kick forward left & step down on ball of left, change weight to right

RUNNING STEP BALLS (TOWARDS 3:00) BODY POSITION DIAGONAL (4:00)

21&22 Step side on left, step ball of right next to left, step side left
&23&24 Step ball of right next to left, step side left, step ball of right next to left, step side on left

RIGHT KICKBALL CHANGE WITH 1/8 TURN LEFT (3:00), RIGHT FORWARD, TURN ¾ LEFT (6:00)

25&26 Kick forward right, step down on ball of right, weight to left with 1/8 turn left
27-28 Step right forward, turn ¾ left

STEP ON RIGHT PUSHING HIP RIGHT, PAUSE, STEP ON LEFT PUSHING HIP LEFT, PAUSE

29-32 Step right on right pushing hip right, pause, recover on left pushing hip left, pause

PART B

(Bridge)

HIP ROLL

1-4 Roll hips around to the left (weight ends on left)

PART C

HANDS UP AND DOWN

1 Point right foot right

Simultaneously extend arms: point left fingers diagonally left to the ceiling and right fingers diagonally right down

2 Pause

3-4 Point fingers of extended right arm diagonally right to the ceiling, pause

- 5-6 Touch right next to left, pause
7-8 Bring both hands down alongside legs, pause

PART D

SHUFFLE FORWARD RIGHT & LEFT, ¼ & ½ TURN LEFT

- 1&2 Shuffle forward right, left, right
3&4 Shuffle forward left, right, left
5-6 Step forward right, turn ¼ left on left
7-8 Step forward right, turn ½ left on left
9-32 Repeat 1-8 three (3) times

PART E

RIGHT VINE, LEFT VINE, ½ TURN LEFT, ½ TURN LEFT*

- 1-4 Side step right, step left behind right, side step right, scuff left
5-8 Side step left, step right behind left, side step left, touch together right
9-12 Step right forward, turn ½ left, step right forward, turn ½ left

Feel free to use all known options like rolling vine, jumping jack, Monterey turn, etc

After finishing Part B of the 3rd chorus, point your arms up in the air to finish the dance
