

American Pie

拍數: 44 牆數: 2 級數: Beginner
編舞者: Britton Edwards
音樂: American Pie - Just Luis



Britton was age 8 when this dance was choreographed.

VINE RIGHT, STOMP, BUTTERFLY

- 1 Step right foot to right
- 2 Step left foot to right (behind right foot)
- 3 Step right foot to right
- 4 Stomp left foot beside right foot, a shoulder width apart
- 5-8 Butterfly: with feet planted firmly on the floor and knees slightly bent, move knees in-out-in-out while arms and hands make a figure 8, moving in-out-in-out and palms face down while moving in and up while moving out. Make this a fluid motion with hands moving no farther apart than shoulder width.

VINE LEFT, STOMP, BUTTERFLY

- 1 Step left foot to left
- 2 Step right foot to left (behind left foot)
- 3 Step left foot to left
- 4 Stomp right foot beside left foot, a shoulder width apart
- 5-8 Repeat "butterfly" as described above

WALK FORWARD ("DRYING NAILS") AND BACK ("FINGER SNAPS")

- 1-4 Walk forward right-left-right-left while flicking hands high above your head as if drying your nails
- 5-8 Walk backward in a low crouch, right-left-right-left, while snapping your fingers with each step "west side story" style

KICK-BALL-CHANGES, THEN ¼ TURNS

- 1&2 Kick right foot forward, step back on right foot, step left foot in place
- 3&4 Kick right foot forward, step back on right foot, step left foot in place
- 5 Step right foot forward
- 6 Pivot ¼ to left on ball of right foot and step down on left beside right foot
- 7-8 Repeat 5 and 6

SHUFFLE FORWARD, TURNING SHUFFLE, ROCK STEP

- 1&2 Shuffle forward, right-left-right
- 3&4 Shuffle left-right-left, making ½ turn and end walking backward
- 5 Rock back on right foot
- 6 Rock forward (recover), stepping on left foot
- 7-12 Repeat previous 6 counts

REPEAT
